

Dame Un Beso

拍数: 32 墙数: 4 级数: Novice - Samba-ish
编舞者: Charles Alexander (SWE) - June 2014
音乐: Mamma Mia (feat. Prophet of 7Lions) - Darin : (CD Single: Mamma Mia)



Intro: 16 counts at hard beats, approx. 19 sec – 100 bpm
Dance starts at main vocals.

[1 – 8] □ SIDE RIGHT, ROCK BACK, RECOVER, 1/4 TURN, 1/2 TURN, 1/4 SIDE LEFT, ROCK BACK, RECOVER, CHASSÉ RIGHT

1-2& Step right to right side. Rock left behind right. Recover onto right.
3-4 Make 1/4 turn left stepping forward on left. Make 1/2 turn left stepping back on right.
5-6& Make 1/4 turn left and step left to left side. Rock right behind left. Recover onto left.
7&8 Step right to right side. Step left beside right. Step right to right side. [12:00]

[9 – 16] □ SAMBA DIAMOND

1&2 Cross left over right. Make 1/8 turn left and step right to right side. Step back left. [10:30]
3&4 Step right behind left. Make 1/4 turn left and step left to left side. Step forward right. [7:30]
5&6 Cross left over right. Make 1/4 turn left and step right to right side. Step back left. [4:30]
7&8 Step right behind left. Make 1/4 turn left and step left to left side. Step forward right. [1:30]

[17 – 24] □ ROCK, RECOVER & PRESS & PRESS, BUMP UP & DOWN, WALK LEFT-RIGHT

1-2& Rock left forward. Recover onto right. Step left slightly back. [1:30]
3&4& Press right ball forward. Step right slightly back. Press left ball forward. Step left slightly back.
5&6 Place right foot forward and bump hips forward and up. Center hips. Bump hips forward and down.
&7-8 Step right beside left. Walk forward left. Walk forward right. [1:30]

[25 – 32] □ SYNCOPATED JAZZ BOXES, STEP LEFT, STEP, 1/2 TURN, HITCH 1+1/4 TURN (OR HITCH 1/4)

1-2& Cross left over right. Step back right. Step left to left side. [Squaring up to 12:00]
3-4& Cross right over left. Step back left. Step right to right side.
5-7 Step forward left. Step forward right. Make 1/2 turn left shifting weight to left foot. [6:00]
8 Hitch right and make 1+1/4 turn left. [3:00]

Or... Easy option: Hitch right and make only 1/4 turn left.

Ending: During wall 10, dance up to count 25 (Cross left over right) and add a quick unwind 3/8 turn right to end facing the front.

Enjoy! ...And don't forget to smile!

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