

A Smooth Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Russell Breslauer (USA) - June 2014
音乐: Any slow cha cha or smooth jazz, see below



Music Suggestions:-

Is The Magic Still There by Alabama

Blue Night Cha by Michael Learns to Rock

She's in Love or Endless Journey by Peter White

RIGHT LEFT, CHA-CHA-CHA FORWARD, ROCK RECOVER, COASTER BACK

1-2 Step forward with Right Left
3&4 Step forward on Right, lock Left foot behind right, step forward on Right
5-6 Rock forward on Left, step back onto Right
7&8 Step back on Left, step Right foot next to left, step forward on Left

RIGHT LEFT, CHA-CHA-CHA BACK, ROCK RECOVER, COASTER FORWARD

1-2 Step back with Right Left
3&4 Step back on Right, lock Left foot in front of right, step back on Right
5-6 Rock back on Left, step forward onto Right
7&8 Step forward on Left, step Right foot next to left, step back on Left

SIDE ROCK CHA-CHA-CHA, x 2

1-2 Rock to the right side on Right, step on Left
3&4 Cha-cha-cha on in place Right, Left, Right
5-6 Rock to the left side on Left, step on Right
7&8 Cha-cha-cha in place on Left, Right Left

TURN ¼ RIGHT CHA-CHA-CHA, TURN ¼* LEFT CHA-CHA-CHA

1-2 Pivot ¼ turn right on Right foot, step Left next to right
3&4 Step in place Right, Left, Right
5-6 Pivot ¼ turn left on Left, step Right next to left
7&8 Step in place Left, Right, Left

REPEAT to end

(Can be modified to 4 wall)