

Unchained Melody

拍数: 32 墙数: 4 级数: Improver
编舞者: Judy Rodgers (USA) - June 2014
音乐: Unchained melody - Bouke
或: Unchained Melody - The Righteous Brothers



4 count intro (no Tags or Restarts)

Step side, behind side cross, rock recover, behind turn ¼ step, pivot ½

1 Step R to right side
2a3 Step L behind R, step R to side, cross L over R
4-5 Rock R to side, recover L
6a7 Step R behind L, turn ¼ left step L fwd, step R fwd □□□□9:00
8 Pivot ½ left step L □□□□□□□□3:00

Turn 1/8 step, run run run, rock recover, back lock step, step back

1 Turn 1/8 right step R to right side (on diagonal) □□□□1:30
2a3 Run fwd L R L
4-5 Rock R fwd, recover L
6a7 Step R back, cross L over R, step R back
8 Step L back

Turn 3/8 step, step together step full spiral right, rock recover, coaster step, rock fwd

1 Turn 3/8 right step R fwd □□□□□□6:00
2a3 Step L fwd, step R together, step L fwd (full spiral turn right on ball of L)
(non-turning option for 3....just step L fwd....no turn)
4-5 Rock R fwd, recover L
6a7 Step back R, step L beside R, step R fwd
8 Rock L fwd

Recover, turn ¼ sway L R L, behind turn ¼, turn ½ turn ½ turn ¼, rock left

1 Recover R
2a3 Turn ¼ left sway left, right, left in place (weight on left) □□□3:00
4-5 Step R behind L, turn ¼ left step L fwd □□□ □ 12:00
6a7 Turn ½ left step R back, turn ½ left step L fwd, turn ¼ left step R to side □9:00
8 Rock L to left side

(non-turning option for 6a7: walk R, walk L, turn ¼ left step R to right side)

Ending: The dance will end after the 1st eight counts of wall 8add 1 count to face front: turn ½ left step R back and smile