

Be With You

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Tony Myers (UK) - June 2014
音乐: 'I'm Alive' by Michael Franti & Spearhead



32 Count intro after they count 1-2 1-2 (3-4)

Side Rock, Recover: Heel & Heel: Forward Rock, Recover: Coaster Turn

1 2 Rock right to right side (1) Recover weight on left (2)
3&4 Touch right heel forward(3) Step on right (&) Touch left heel forward (4)
5 6 Rock forward on left (5) Recover weight on right (6)
7&8 Turn ¼ left stepping back on left (7) Step right with left (&) Step forward on left (8) (9:00)

Cross, Side: Rock Back, Recover: Point, Turn: Shuffle Forward

1 2 Cross right over left (1) Step left to left side (2)
3 4 Rock right behind left (3) Recover weight on left (4)
5 6 Point right to side (5) Turn ½ right stepping on right (6) (3:00)
7&8 Step forward on left (7) Step right next to left (&) Step forward on left (8) #

Cross, Point: Cross, Turn: ¼ Chasse: Sway R,L

1 2 Cross right over left (1) Point left to left side (2)
3 4 Cross left over right (3) Turn ¼ left stepping back on right (4) (12:00)
5&6 Step left to left side (7) Step right next to left (&) Turn ¼ left stepping forward on left (8) (9:00)
7 8 Sway to right (7) Sway back on left(8)

Side, Behind: Turn, Hold: Step, Pivot Turn: Cross Shuffle

1 2 Step right to side (1) Step left behind right (2)
3 4 Turn ¼ right stepping forward on right (3) Hold (4) (12:00)
5 6 Step forward on left (5) Pivot ¼ turn right (6) (3:00)
7&8 Cross left over right (7) Step right to side (&) Cross left over right (8)

Start again. Have fun

Restart after 16 counts on wall 13 Or just fade the music when you've had enough

Contact Email: tonymyers@live.co.uk