

Can You Do This?

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Nancy Morgan (USA) - May 2014
音乐: Can You Do This - Neal McCoy : (CD: Single;)



Begin after 48 counts.

SIDE SHUFFLE, ROCK STEP, VINE LEFT WITH A BRUSH

1&2 Step Right To Right Side, Step Left Next To Right, Step Right To Right Side
3,4 Rock Back On Left And Forward On Right
5,6,7,8 Step Left To Left Side, Step Right Behind Left, Step Left To Left Side, Brush

STEP BACK, HEEL TAP, STEP OUT, RIGHT TOES IN, LEFT TOES IN, RIGHT HEEL IN, LEFT HEEL IN

1,2 Step Back On Right, Tap Left Heel Forward
3,4 Step Left To Left Side, Step Right Out To Right Side Shoulder Width
5,6,7,8 Moves Right Toes In, Move Left Toes In, Move Right Heel In, Move Left Heel In

SWIVEL RIGHT TWICE, SWIVEL LEFT TWICE

1,2 Swivel On Right Heel To Right While Swiveling Left Toes To Right And Return
3,4 Swivel On Right Heel To Right While Swiveling Left Toes To Right And Return
5,6 Swivel On Left Heel To Left While Swiveling Right Toes To Left And Return
7,8 Swivel On Left Heel To Left While Swiveling Right Toes To Left And Return

WIGGLE TO RIGHT, ROLL HIP TWO TIMES TURNING ¼ TURN TO LEFT

1,2,3,4 Step Right Out To Right Side And Wiggle, Step Left Next To Right As You Wiggle
5,6 Step Right Foot Forward As You Roll Your Hips 1/8 Of A Turn To Left
7,8 Step Right Foot Forward As You Roll Your Hips 1/8 Of A Turn To Left

REPEAT

Contact: - nancymorgan@hotmail.com
