

Like A Drug

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Debbie Ellis (ES) - June 2014
音乐: Like a Drug - Kylie Minogue : (Album: X)



Intro – Start after 16 counts, on vocals.

Syncopated Weave, ¼ turn x2, Left Sailor Step.

1 – 2 Step R to R side, cross L behind R.
&3 – 4 Step R to R side, cross L over R, step R to R side.
5 – 6 Step L fwd making 1/4 L, step R to R side making ¼ L.
7&8 Step L behind R, step R beside L, step L in place.

Cross Rock, Recover, Chasse, Cross, Side, Sailor ¼ Turn.

1 - 2 Cross rock R over L, Recover on L.
3&4 Step R to R side, close L beside R, step R to R side.
5 – 6 Cross L over R, step R to R side.
7&8 Cross L behind R, turn ¼ L stepping R next to L, step fwd on L.

Rock, Recover, Shuffle ½ Turn, Rock, Recover, Coaster Step.

1 – 2 Rock fwd on R, Recover on L.
3&4 Shuffle ½ turn R, stepping R,L,R.
5 – 6 Rock fwd on L, Recover on R.
7&8 Step L back, close R beside L, step L fwd.

Rock, Recover, Triple ¾ turn, Rock, Recover, Coaster Step.

1 – 2 Rock fwd on R, Recover on L.
3&4 Triple ¾ turn R, stepping R,L,R.
5 – 6 Rock fwd on L, Recover on R.
7&8 Step L back, close R beside L, step L fwd. *Tag / Restart wall 2*

Syncopated Side Rocks, Cross, side, Sailor Heel.

1 – 2 Rock R to R side, Recover on L.
&3 – 4 Step R beside L, rock L to L side, Recover on R.
5 – 6 Cross L over R, step R to R side.
7&8 Step L behind R, step R to R side, touch L heel diagonally fwd.

& Cross, Hold, Ball Cross x2, Step, Sweep ¼ Turn, Back Rock, Recover.

&1 – 2 Step L in place, cross R over Left, HOLD.
&3&4 Step L to L side, cross R over L, step L to L side, cross R over L.
5 – 6 Step L to L side, sweep R making ¼ turn R on ball of L foot.
7 – 8 Rock back on R, Recover on L.

Chasse Right, Back Rock, Recover, Chasse ¼, Shuffle ½.

1&2 Step R to R side, close L beside R, step R to R side.
3 - 4 Rock back on L, Recover on R.
5&6 Step L to L side, close R beside L, step L back making ¼ turn R.
7&8 Shuffle ½ turn R, stepping R,L,R.

Rocking Chair, Rock, Recover, Triple Full Turn (or Coaster Step)

1 – 4 Rock fwd on L, Recover on R, rock back on L, Recover on R.
5 – 6 Rock fwd on L, Recover on R.

7&8 Triple full turn over L shoulder, stepping L,R,L.
(Easier option for counts 7&8 – L coaster step).

**Tag / Restart * During wall 2, dance up to counts 32 then add the following:
Syncopated Side Rocks, & Rocking chair.**

1 – 2 Rock R to R side, Recover on L.

&3 – 4 Step R beside L, Rock L to L side, Recover on R.

&5 – 8 Step L in place, Rock fwd on R, Recover on L, Rock back on R, Recover on L.

Start dance again facing 12:00

Dance ends naturally on last count facing 12:00

Enjoy xx
