

# La La La Brazil 2014

**COPPER** **NOB**  
BY STEPHEN

拍数: 0                      墙数: 2                      级数: Phrased Improver  
编舞者: Wendy Loh (MY) - June 2014  
音乐: La La La (Brazil 2014) (feat. Carlinhos Brown) - Shakira



**Sequence : INTRO ABCD AbCD AD TAG AB**  
**Dance starts immediately when music starts**

## **INTRO : Step-Toe Switches**

1234                      Hold at ready position - Touch RF beside LF  
5678                      Step RF down in place & Touch LF (5), Step LF in place & Touch RF (6), Step R heel in place twice & Touch LF beside RF (7,8)

1234                      Step LF in place & Touch RF (1), Step RF in place & Touch LF (2), Step L heel in place twice (3,4)  
5678                      Step RF down in place & Touch LF beside RF (5), Step LF in place & Touch RF beside LF (6), Step R heel in place twice (7,8)

1234                      Step LF in place & Touch RF (1), Step RF in place & Touch LF (2), Step L heel in place twice (3,4)  
&5                      Do a small Jump - Step RF to side, Step LF to side  
**Shout 'OLA' 'OLA' (Styling : Throw both hands out above head)**

## **PART A (4X8)**

### **Section A1 : Step Touch – 4x**

1234                      Step RF to right, Touch LF beside RF, Step LF to left, Touch RF beside LF  
5678                      Repeat Step 1-4 (12:00)

### **Section A2 : Jump to Right then Left, Jump feet apart, Drag, Hook**

1234                      Stomp RF beside LF, Stomp LF in place, Step RF to left, Hold  
**(Option : Jump both feet to right, Jump both feet to left, Jump with both feet apart Hold)**  
5678                      Slowly close RF to LF (5,6,7), Hook RF in front of LF (8) (12:00)

### **Section A3 & A4 : Repeat Section A1 & A2**

## **PART B (4X8)**

### **Section B1 : Travelling Hip Lift & Drop, Twist**

12                      Rock RF forward, Turn 1/8 L & Recover on LF  
**(Option : Travelling Hip Drop – Touch RF forward & Lift right hip, Turn 1/8 with weight on LF & Drop right hip)**  
34                      Repeat Steps 1-2  
56                      Repeat Steps 1-2 (6:00)  
78                      Swivel both heels to R then L (Body will follow to twist to left then right) (9:00)

### **Section B2 : Hand Movements, Stomp Twice, Hip Circle**

12                      Swing right arm forward to above head, Swing back down  
34                      Swing right arm forward again making a big full circle (9:00)  
56                      Turn ¼ Right & Step RF to side, Step LF in place (12:00)  
78                      Hip Circle anti-clockwise

### **Section B3 & B4 : Repeat Section B1 & B2**

## **PART b (2x8)**

**Do Section B1 & B2 only.**

## **PART C (4X8)**

### **Section C1 : Right Samba, Left, Samba, Right Samba, Touch x2**

- 1&2 Cross RF over LF, Rock LF to left, Recover on RF
- 3&4 Cross LF over RF, Rock RF to right, Recover on LF
- 5&6 Repeat Steps 1&2
- 7,8 Point LF diagonally forward towards right, Point LF back (12:00)

### **Section C2 : Cross Shuffle, ½ R Cross Shuffle, Full Turn Travelling Voltas**

- 1&2 Cross LF over RF, Step RF behind LF, Cross LF over RF
- 3&4 Turn ½ R with weight on LF & Step RF in place, Step LF behind RF, Cross RF over LF (6:00)
- 5& Turn ½ L & Step LF forward, Recover on RF (12:00)
- 6& Turn ¼ L & Step LF forward, Recover on RF (9:00)
- 7& Repeat Steps 5& (3:00)
- 8 Turn ¼ L & Step LF forward (12:00)

### **Section C3 : Right Mambo, Left Mambo, Rock Recover, Triple Steps**

- 1&2 Rock RF to side, Recover on LF, Step RF together
- 3&4 Rock LF to side, Recover on RF, Step LF together
- 5,6 Rock RF forward, Recover on LF
- 7&8 Turn ½ R & Step RF forward, Turn ½ R & Step LF back, Step RF forward (12:00)

**(Option : Right Coaster Step – Step RF back, Step LF together, Step RF forward)**

### **Section C4 : Rock Recover, Back Shuffle, Rock Recover, Forward Mambo**

- 1,2 Rock LF forward, Recover on RF
- 3&4 Back Shuffle LF, RF, LF
- 5&6 Rock RF back, Recover on LF
- 7&8 Rock RF forward, Recover on LF, Touch RF beside LF (12:00)

## **PART D (4x8)**

### **Section D1 :**

- 12 Step RF forward, Hold
- 34 Step LF forward, Hold
- 5678 Step RF to side & Bend body down towards right thigh & slowly body roll up (12:00)

### **Section D2 :**

- 12 Sway hips to R
- 34 Sway hips to L
- 5678 Bend both knees and slowly straighten up (Sexy pose) (12:00)

### **Section D3 :**

- 12 Step RF forward, Hold
- 34 Turn ½ L weight on LF, Hold (6:00)
- 56 Step RF forward, Hold
- 78 Step LF forward, Hold

### **Section D4 :**

- 1234 Do a full turn unwind towards right, ending with weight on LF (6:00)
- 5&6 Rock RF to right, Recover on LF, Step RF together
- 7&8 Rock LF to left, Recover on RF, Step LF together

### **TAG (2x8) – DO this tag at 6:00 and ends at 12:00**

- 12 Step RF forward, Turn ½ L with weight on LF
- 34 Step RF to side, Step LF to side
- 5678 Hip bumps R, L, R, L

1&2& Hip bumps R,L,R,L  
3&4& Repeat 1&2&  
5678 Fast Hip Shimmies

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