

Happy

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Pooi Kuan (MY) - June 2014
音乐: Happy - Pharrell Williams



Intro 4 Counts In □□□□□□□□

Sec 1: □Diagonal Forward Rock Step, Brush □□□

1 2 3 4 Step RF forward, Lock LF behind RF, Step RF Forward, LF Brush
5 6 7 8 Step LF forward, Lock RF behind LF, Step LF Forward, RF Brush

Sec 2: □Diagonal Walk Back, Clap, 1/4L Turn □□□

1 2 Step RF Diagonal Back, Touch LF beside RF Clap
3 4 Step LF Diagonal Back, Touch RF beside LF Clap
5 6 Step RF Diagonal Back, Touch LF beside RF Clap
7 8 Step LF to LF 1/4L Turn, Touch RF beside LF Clap

Sec 3: □Step Kick □□□□□□

1 2 Step RF on Spot, Kick LF Forward (with small hop)
3 4 Step LF on Spot, Kick RF Forward (with small hop)
5 6 Step RF on Spot, Kick LF Forward (with small hop)
7 8 Step LF on Spot, Kick RF Forward (with small hop)

Sec 4: □Step RF to R, Together, Step Touch on RF, Step Touch on LF □□□

1 2 3 4 Step RF to R, Step LF together, Step RF to R, Step LF together
5 6 7 8 Step Touch to R, Step Touch to L

Option □: □□□□□□□

5 & 6 Small Jump RF to R, Step on ball on LF, Step RF in place
7 & 8 Small Jump LF to L, Step on ball on RF, Step LF in place

Sec 5: □1/2L Turn Step R to R, Touch, Step Touch on LF, Step RF to R, Together □

1 2 3 4 1/2L Turn Step RF to R, Touch to LF beside RF, Step LF to L, touch RF beside LF

Option : □□□□□□□□

1 & 2 1/2L turn small Jump RF to R, Step on ball on LF, Step RF in place
3 & 4 Small Jump LF to L, Step on ball on RF, Step LF in place
5 6 7 8 Step RF to R, Step LF together, Step RF to R, Step LF together

Sec 6: □Star Step □□□□□□

1 2 Turn 1/4L & touch R toe to side, Hitch R Knee
3 4 Repeat 1 2
5 6 Repeat 1 2
7 8 Repeat 1 2

Sec 7: □Rocking Chair, Shimmy □□□□□

1 2 3 4 Rock RF forward, Recover on LF, Rock RF back, Recover on LF,
5 6 7 8 Step RF forward with shoulder shimmy down & up

Sec 8: □Toe Struts □□□□□□□

1 2 3 4 Touch R Toe forward, Step LF in place, Touch L Toe forward, Step RF in place
5 6 7 8 Repeat 1 2 3 4

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