

Ghost

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Ghost - Ella Henderson : (iTunes)



Starts after 36 count intro. (20sec) - Sequence.. 60, 64, Tag, 64, 64,13, 64.

Walk, Walk Anchor Step, 1/2, 1/2, 1/4 Chasse.

- 1-2 Walk forward Left-Right.
- 3&4 Rock Left behind Right, Rock forward on Right, step Left behind Right.
- 5-6 Make 1/2 turn to Right stepping forward on Right, make 1/2 turn to Right stepping Left next to Right.
- 7&8 Make 1/4 turn to Right stepping Right to Right, step Left next to Right, step Right to Right side. (3.00)

Rock Recover, Rock Recover Back, Back, Coaster Step, Step.

- 1-2 Make 1/8 turn to Right rocking forward on Left, recover on Right. (4.30)
- 3&4 Rock forward on Left, recover on Right, step back on Left.
- 5-6&7 Step back on Right, **R** Step back on Left, step Right next to Left, step forward on Left.
- 8 Step forward on Right. (4.30)

Touch, Cross, Touch, Cross, 3/8, 1/2 Shuffle, Step.

- 1-2 Touch Left toe next to Right as you turn 1/4 turn to Right facing 7.30 (Slight dip of both knees.) Step forward on Left.
- 3-4 Touch Right toe next to Left as you turn 1/4 turn to Left facing 4.30. (Slight dip of both knees) Step forward on Right.
- 5-6&7 Make 3/8 turn to Right stepping back on Left. Make 1/4 turn to Right stepping Right to Right side, Step Left next to Right, make 1/4 turn to Right stepping forward on Right.
- 8 Step forward on Left. (3.00)

Cross, Back, Back, Behind, Side, Cross, Step, 1/2, 3/8 Sailor Cross.

- 1&2 Cross step Right over Left, make 1/8 turn Right stepping back on Left, step back on Right. (4.30)
- 3&4 Cross step Left behind Right, make 1/8 turn stepping Right to Right side, make 1/8 turn Right stepping Left across Right. (7.30)
- 5-6 Step forward on Right, make 1/2 turn to Right stepping back on Left. □ (1.30)
- 7&8 Cross step Right behind Left making 1/4 turn to Right, step Left next to Right, 1/8 turn Right Stepping Right across Left with a slight dip . (6.00)

1/4 Walk, Walk, Mambo Step, Back, Back, Coaster Cross.

- 1-2 Make 1/4 turn to Left stepping forward on Left, Walk forward on Right.
- 3&4 Rock forward on Left, recover on Right, step back on Left.
- 5-6 Walk back on Right, walk back on Left.
- 7&8 Step back on Right, step Left next to Right, cross step Right over Left. □ (3.00)

1/4, 1/2, Side Rock, Recover, Behind Side Rock, Right Lock Back.

- 1-2 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right.
- 3-4 Rock Left to Left side, recover on Right.
- 5&6 Cross step Left behind Right, step Right to Right side, make 1/8 turn to Right as you rock forward on Left.
- 7&8 Recover back on Right, cross lock Left over Right, step back on Right. □ (1.30)

1/2, 1/2, Back Touch Step, Step 1/2 Pivot, Step 1/2 Pivot.

- 1-2 Make 1/2 turn to Left stepping forward on Left, make 1/2 turn to Left stepping back on Right. (1.30)
- 3&4 Step back on Left, touch Right toe next to Left, step forward on Right.
- 5-6 Step forward on Left, pivot 1/2 turn to Right.
- 7-8 Step forward on Left, pivot 1/2 turn to Right. (1.30)

Cross Back Side Cross, Side Rock Recover, Sailor 1/2, Together.

- 1-2 Cross step Left over Right, make 1/8 turn to Left stepping back on Right.
- 3-4 Step Left to Left side, cross step Right over Left. □*R*□ (12.00)
- 5-6 Rock Left to Left side, recover on Right.
- 7&8& Cross step Left behind Right making 1/4 turn Left, step Right next to Left, 1/4 Left stepping forward on Left, step Right next to Left. □(6.00)

Restart *R* on wall 1 Dance up to and including count 60 section 8 then restart the dance from the beginning as you make 1/2 turn to Left to start again (6.00).

Tag End of Wall 2

Step Left 1/2 Pivot Right, Step Left 1/2 Pivot Right.

Restart **R on wall 5 Dance up to and including count 13 section 2, then make 1/8 turn to Right (6.00) to begin again from the beginning.**
