

Would You Listen?

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate +
编舞者: Shaz Walton (UK) - June 2014
音乐: Strong - London Grammar



Intro: 32 counts from main instrumental. (start on lyrics)

Touch back. ½ turn. Run x3. Sweep. Rock back. Recover. ¾ lock step.

1-2 Touch left foot backwards. Make ½ turn left- keeping weight back on the right.
3&4 Take 3 smalls steps backwards- stepping L-R-L
5-6 Rock back on right. Recover on left.
7&8& Make ½ turn left stepping back right. Make ¼ left stepping left to left side. Cross step right over left. Step left to left side.

Point/ lunge. Step. Point. Hitch. Cross shuffle. ¼. Full turn. Rock. Recover

1&2 With left leg bent, point right to right side. Step right beside left. Point left to left side.
3&4 Hitch left over right as you cross step left over right. Step right to right. Cross step left over right.
5-6 Make ¼ right stepping right forward. Make ½ right stepping back on left.
&7-8 Make ½ turn right stepping right forward.

Touch back. ½ turn. Sweep. Cross rock. Recover. Side. Cross rock. Side. Behind ¼. Out/sway. Out/sway.

1-2 Touch left foot backwards. Make ½ turn left as you sweep right from back to front.
3&4 Cross rock right over left. Recover on left. Step right to right side.
5&6 Cross rock left over right. Recover on right. Step left to left side.
&7 Cross step right behind left. Make ¼ left stepping left forward.
&8 Step right to right side as you sway right. Step left to left side as you sway left.

Skate. ¼ Skate. Back rock. Recover. Spiral. Forward. Touch/dip. ¼ side together. Anchor step.

1-2 Push off with right foot, stepping to the side as left foot slides towards right. As you make ¼ turn left push off with left foot, stepping to the side as right foot slides towards left.
3&4 Rock back on right. Recover on left. Step forward right as you spiral a full turn left.
5&6& Step forward left. Touch right behind left as you dip/bend your knees. Make ¼ right stepping right to right side. Step left beside right.
7&8 Rock right behind left. Recover on left. Rock back on right as you point left forward.