

Better In Time

COPPER KNOB
BY EPOCHES

拍数: 32 墙数: 4
编舞者: Christina Yang (KOR) - June 2014
音乐: Better In Time - Leona Lewis



** (Special thanks to my friend, Stella) **

Start the dance after 32 counts

SECTION 1: NIGHT CLUB TWO STEP BASIC L/R, 1/8 TURN TO R WITH SIDE, 1/8 TURN TO R WITH CROSS BEHIND, 1/4 TURN TO R WITH SIDE, CROSS CHASSE

1-2& LF side, RF cross back rock, LF recover,
3-4& RF side, LF cross back rock, RF recover
5-6& 1/8 turn to R with LF side, 1/8 turn to R with RF cross behind LF, 1/4 turn to R with LF side
7-8& RF cross over LF, LF step in place, RF cross over

SECTION 2: SIDE WITH SWAY, SWAY, WEIGHT CHANGE AND 1/2 TURN TO L WITH RF TOUCH, SIDE CHASSE, FOOT CHANGE, CROSS CHASSE, SIDE, DIAGONAL BACKWARD CHASSE

1-3 L side sway, R side sway, weight transfer to LF and 1/2 turn to L with RF touch
4&5& RF side, LF closed RF, RF side(weight on RF), LF closed RF with weight change to LF
6&7& RF cross over LF, LF step in place, RF cross over, LF side
8&1 RF diagonal backward, LF cross over RF, RF backward,

SECTION 3: BACKWARD, 1/2 TURN TO R WITH FORWARD, FORWARD AND 3/8 TURN TO R WITH SWEEP, CROSS, SIDE, CROSS WITH SWEEP, CROSS, SIDE, CROSS WITH SWEEP, BACKWARD ROCK, RECOVER

&2&3 LF backward, 1/2 turn to R with RF forward, LF forward and 3/8 turn to R, RF sweep from front to back
4&5 RF cross behind LF, LF side, RF cross over LF and LF sweep from back to front
6&7 LF cross over RF, RF side, LF cross behind and RF sweep from front to back
8& RF backward rock, LF recover

SECTION 4: 1/2 TURN TO L WITH SWEEP, FORWARD ROCK, RECOVER, 1/2 TURN TO R WITH FORWARD, THREE STEP TURN TO R, BACKWARD ROCK, RECOVER, FORWARD, 1/2 TURN TO R WITH BACKWARD. 1/2 TURN TO R WITH FORWARD(WEIGHT ON RF)

1-2&3 1/2 turn to L(weight on LF) with RF sweep from back to front, RF forward rock, LF recover,
1/2 turn to R with RF forward
4&5 1/2 turn to R with LF backward, 1/2 turn to R with RF forward, 1/2 turn to R with LF
backward(weight on LF)(Note: Turning faster and faster like wonder woman)
6&7 RF backward rock, LF recover, RF forward
8& 1/2 turn to R with LF backward, 1/2 turn to R with RF forward

(Note: 1/4 turn to R(weight on RF) and start again since 2nd wall(9:00))

No Tag, No Restart

Contact - E-mail: chrisjj0618@yahoo.com - <http://www.youtube.com/user/thetrianglelinedance>