

You and Me

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 2 级数: Improver / Low Intermediate
编舞者: Darren Bailey (UK) - June 2014
音乐: I Still Believe in You - Vince Gill



Basic R, 1/4 turn L into 2 Sways, 1/4 L sweep, Weave L with sweep, Behind, Side.

- 1-2& Step Rf to R side, close Lf behind Rf, cross Rf over Lf
3-4-5 Make a 1/4 turn L and step forward on Lf, sway back on to Rf, sway forward onto Lf make a 1/4 turn L sweeping Rf from back to front
6&7 Cross Rf in front of Lf, step Lf to L side, cross Rf behind Lf sweeping Lf from front to back
8& Cross Lf behind Rf, step Rf to R side

3 Walks (L, R, R), Cross, Side, 3 Walks back (R, L, R) Behind, Side.

- 1-2-3 Step forward on Lf, step forward on Rf, step forward on Lf
4& Cross Rf over Lf, step Lf to L side
5-6-7 Step back on Rf, step back on Lf, step back on Rf
8& Cross Lf behind Rf, step Rf to R side

Cross Rock, Recover, Side x2 (L, R), Side, 1/4 turn R with Prep, 1 1/4 turn R, Sway x2 (R, L).

- 1-2&3 Cross rock Lf over Rf, Recover onto Rf, step Lf to L side, cross rock Rf over Lf
4&5 Recover onto Lf, step Rf to R side, make a 1/4 turn R and step forward on Lf
6&7 Make a 1/2 pivot turn R, make a 1/2 turn R and step back on Lf, make a 1/4 turn R and step Rf to R side (Sway)
8 Sway over onto Lf

Full Diamond with Sweeps.

- 1 Step Rf to R side Making an 1/8 turn R to face diagonal and sweep Lf to front
2&3 Cross Lf over Rf, step back on Rf making an 1/8 turn L, Making an 1/8 turn L to face diagonal step Lf to L side and sweep Rf to back.
4&5 Cross Rf behind Lf, step Lf to L side making an 1/8 turn L, Making an 1/8 turn L step forward on Rf to face diagonal and sweep Lf to front
6&7 Cross Lf over Rf, step back on Rf making an 1/8 turn L, Making an 1/8 turn L to face diagonal step Lf to L side and sweep Rf to back
8& Cross Rf behind Lf, step Lf to L side making an 1/8 turn L

Basic x3, (R, L, R) 1/2 Hinge turn R.

- 1-2& Make a 1/8 turn L and step Rf to R side, close Lf behind Rf, cross Rf over Lf
3-4& Step f to L side, close Rf behind Lf, cross Lf over Rf
5-6& Step Rf to R side, close Lf behind Rf, cross Rf over Lf
7-8& Make a 1/4 turn R and step back on Lf, make a 1/4 turn R and step Rf to R side, cross Lf over Rf

Basic R, 1/2 Hinge turn R, Sways (R, L, R) 1/2 turn L with Touch.

- 1-2& Step Rf to R side, close Lf behind Rf, cross Rf over Lf
3-4& Make a 1/4 turn R and step back on Lf, make a 1/4 turn R and step Rf to R side, cross Lf over Rf
5-6-7 Step Rf to R side, sway over onto Lf, sway over onto Rf
8 Sway onto Lf making a 1/2 turn L touching Rf next to Lf

Hope you get a chance to listen and enjoy this great piece of music. □