

If I Don't

拍数: 96 墙数: 2 级数: High Intermediate / Advanced
编舞者: Ria Vos (NL) - June 2014
音乐: If I Don't - Bo Saris : (Album: Gold)



Intro: 42 counts (± 18 sec.)

[1-12] Rock Back, Full Turn L, Step 1/4 L for 2, Side, Cross, Point

1-2-3 Rock Back on R, Hold, Hold
4-5-6 Recover on L, ½ Turn L Step Back on R, ½ Turn L Step Fwd on L (12:00)
1-2-3 Step Fwd on R, Slowly Turn ¼ L in 2 Counts Keeping Weight Fwd on R (9:00)
4-5-6 Step L to L Side, Cross R Over L, Point L to L Side

[13-24] ¼ L Sweep for 2, Jazz Box, Cross, Unwind ¾ R for 2, Step Fwd, ½ R Step Back x2

1-2-3 ¼ Turn L Step Weight Fwd on L, Sweep R Around for 2 Counts (6:00)
4-5-6 Cross R Over L, Step Back on L, Step R to R Side
1-2-3 Cross L Over R, Unwind ¾ Turn R over 2 Counts Keeping Weight on L (3:00)
4-5-6 Step Fwd on R, ½ Turn R Step Back on L, Step Back on R (9:00)

[25-36] Back, Slide Hook, Step Fwd, Sweep for 2, Twinkle, Step Fwd, Sweep ¼ R for 2

1-2-3 Step Back on L, Slide R Towards L, Hook R in Front of L
4-5-6 Step Fwd on R, Sweep L Around from Back to Front in 2 Counts
1-2-3 Cross L Over R, Step R to R Side, Step L to L Side (traveling Fwd)
4-5-6 Step Fwd on R, Sweep L Around from Back to Front Turning ¼ R in 2 Counts (12:00)

[37-48] Weave R, Side, Drag for 2, ¼ L Basic ½ L, Basic ½ L

1-2-3 Cross L Over R, Step R to R Side, Step L Behind R
4-5-6 Step R Big Step to R Side, Drag L Towards R in 2 Counts
1-2-3 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R, Step L Next to R (3:00)
4-5-6 Step Back on R, ½ Turn L Step Fwd on L, Step R Next to L (9:00)

[49-60] Step Fwd, ¼ L Point R, Hold, Monterey Full Turn R, Cross, Point, Hold, Behind, Side Rock

1-2-3 Step Fwd on L, ¼ Turn L Point R to R Side, Hold (6:00)
4-5-6 Full Turn R on L foot, Step R Next to L, Point L to L Side
1-2-3 Cross L Over R, Point R to R Side, Hold
4-5-6 Step R Behind L, Rock L to L Side, Recover on R

[61-72] Diag Step Fwd, Hitch 1/4 Turn L for 2, Twinkle, -Repeat

1-2-3 Step L Fwd to R Diagonal, Hitch R Turning ¼ L for 2 Counts (3:00)
4-5-6 Cross R Over L, Step L to L Side, Step R to R Side (traveling Fwd)
1-2-3 Step L Fwd to R Diagonal, Hitch R Turning ¼ L for 2 Counts (12:00)
4-5-6 Cross R Over L, Step L to L Side, Step R to R Side (traveling Fwd)

[73-84] Step Fwd, Slide-Kick, ½ Turn L Basic, ½ Turn L Basic, Back, Sweep ¼ L for 2

1-2-3 Step Fwd on L, Slide R along L Foot into a Low Kick Fwd for 2 Counts
4-5-6 Step Back on R, ½ Turn L Step Fwd on L, Step R Next to L (6:00)
1-2-3 Step Fwd on L, ½ Turn L Step Back on R, Step L Next to R (12:00)
4-5-6 Step Back on R, Sweep L from Front to Back Turning ¼ L for 2 Counts (9:00)

[85-96] Behind-Side-Cross, Side, Sweep ¼ L for 2, Behind-Side-Cross, Unwind Full Turn R with Sweep

1-2-3 Step L Behind R, Step R to R Side, Cross L Over R
4-5-6 Step R to R Side, Sweep L Behind Turning ¼ L in 2 Counts (6:00)

1-2-3 Step Back on L, Step R to R Side, Cross L Over R
4-5-6 Unwind Full Turn R on L Foot, Sweep R Around from Front to Back in 2 Counts
(Non-turning option count 4-5-6: Sweep and Hitch R)

No Tags No Restarts
