

You've Got Your Troubles

COPPER KNOB
STEPSHEETS

拍数: 60 墙数: 1 级数: Phrased High Beginner
编舞者: Max Perry (USA) - June 2014
音乐: You've Got Your Troubles - The Fortunes : (original version)



Dance starts just before vocals (32 count intro)
Rhythm: Rumba – may also use Paso Doble' Styling

Part A – The Verse

Step Fwd, Rock Fwd, Step Bk, Rock Bk

1,2,3,4 Step L fwd, Hold, Rock R forward, Step L in place (S,Q,Q)
5,6,7,8 Step R back, Hold, Rock L back, Step R in place (S,Q,Q)

Step Fwd, Hold, Rock Side, Cross, Rock Side, Cross, Hold

1,2,3,4 Step L fwd, Hold, Rock R to right side, Step L in place (S,Q,Q,),
5,6,7,8 Cross R over L, Hold, Rock L to left side, Step Right in place (S,Q,Q,)

Jazz Box Turning 1/4 left, Cross, Side, Cross

1,2,3,4 Cross L over R, Hold, Step R back turning 1/4 left, Step L side (S,Q,Q,),
5,6,7,8 Cross R over L, Hold, Step L to left side, Cross R over L (S,Q,Q,) (3 O'CLOCK)

1/4 Turn Left, Step Forward, 1/2 Slow Pivot Turn Left, Step Forward, Hold, Step Forward, Hold

1,2,3,4 Turn 1/4 left and step L forward, Hold (6:00), Step R forward & turn 1/2 left,
5,6,7,8 (12:00) keeping weight back on R foot, Hold, Step L forward, Hold, Step L Forward, Hold
(12:00)

Part B – The Chorus

Step Fwd, Touch Behind, Together, Step Fwd, Touch Behind, Step Together

1,2,3,4 Step L fwd (left shoulder fwd), Touch R up to and behind L, Step R home, Step L next to R
(straighten out shoulder)
5,6,7,8 Step R fwd (R shoulder fwd), Touch L up to and behind R, Step L home, Step R next to L
(straighten out shoulder)

L Rocking Chair, 1/4 Turn Right, 1/4 Turn Right

1,2,3,4 Rock L fwd, Step R in place, Rock L back, Step R in place
5,6,7,8 Step L fwd and turn 1/4 right, Step R in place, Step L fwd and turn 1/4 Right, Step R in place
(6:00)

Repeat Chorus to face 12:00 – chorus has a total of 32 counts

The Bridge □

Cross Struts Traveling Right, Side Rock, Cross Struts Traveling Left, Side Rock

1,2,3,4 Cross L over R with toe, Drop Heel, Step R to right side w/toe, Drop R heel,
5,6,7,8 Cross L over R with toe, Drop Heel, Rock R to right side, Step L in place
1,2,3,4 Cross R over L with toe, Drop Heel, Step L to left side w/toe, Drop L heel
5,6,7,8 Cross R over L with toe, Drop Heel, Rock L to left side, Step R in place

3 x Cross Back Side – Moving Backwards, Cross ,Back, Turn 1/2 Right

1,2,3,4 □ □ Cross L over R, Hold, Step R Back, Step L back and diagonally left, S,Q,Q
5,6,7,8 □ □ Cross R over L, Hold, Step L Back, Step R back and diagonally right, S,Q,Q
1,2,3,4 □ □ Cross L over R, Hold, Step R Back, Step L back and diagonally left, S,Q,Q

3 x Cross Back Side – Moving Backwards, Cross ,Back, Turn 1/2 Right cont.

5,6,7,8 Cross R over L, Hold, Step L back and turn 1/2 right, Step R forward, S,Q,Q

Should now be facing 6:00 wall

2 x S,Q,Q Forward Walks (6 walks) curving 1/2 right over the 6 walks,

2 Slow Walks Forward (Step Hold, Step Hold)

1,2,3,4 Step L forward, Hold, Step R forward curving R, Step L forward curving R,

5,6,7,8 Step R forward, Hold, Step L forward, Step R forward –face 12:00

1,2 Step L forward, Hold

3,4 Step R forward, Hold

DANCE SEQUENCE

A□A□B□A□A□B□C (bridge)□ A□ B

A□A□B (may also substitute an A instead) □A to end

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Last Update - 19th June 2014□
