

Feel Good Again Together (P)

COPPERKNOB
STEPPERS

拍数: 64 墙数: 0 级数: Partner
编舞者: Rene & Reg Mileham (UK) - June 2014
音乐: Good Again - Anne Murray : (CD: Anne Murray)



Adapted as a Partner Dance with choreographers Permission by Alan & Sonia Cole

Sweetheart Position, same footwork throughout unless stated. 32 count intro

Sec 1: Side, drag, back rock, recover. Grapevine, cross

- 1 – 2 Step Right to side, drag Left next to Right.
- 3 – 4 Rock Left back, recover onto Right.
- 5 – 6 Step Left to side, step Right behind Left.
- 7 – 8 Step Left to side, cross Right over Left.

Sec 2: Rock & cross, rock & cross. (Diagonal) Step, touch, Step, touch

- 1 & 2 Rock Left to side, rock Right to side, cross Left over Right.
- 3 & 4 Rock Right to side, rock Left to side, cross Right over Left.
- 5 – 6 Step Left (diagonally) to side, touch Right to Left.
- 7 – 8 Step Right (diagonally) to side, touch Left to Right (weight on Right)

Sec 3: Side, drag, back rock, recover. Grapevine, cross

- 1 – 2 Step Left to side, drag Right next to Left.
- 3 – 4 Rock Right back, recover onto Left.
- 5 – 6 Step Right to side, step Left behind Right.
- 7 – 8 Step Right to side, cross Left over Right.

Sec 4: Rock & cross, rock & cross. (Diagonal) Step, touch, Step, touch

- 1 & 2 Rock Right to side, rock Left to side, cross Right over Left.
- 3 & 4 Rock Left to side, rock Right to side, cross Left over Right.
- 5 – 6 Step Right (diagonally) to side, touch Left to Right
- 7 – 8 Step Left (diagonally) to side, touch Right to Left. (weight on Left)

Sec 5: Gent Walk forward, touch, Lady Full turn Right down LOD, touch

(Dropping Ladies Left Hand Raising Right)

- 1 – 4 Gent Walk Forward RLR Touch Left, Lady Full Turn Right on RLR down LOD, Touch Left, Gent Full Turn Left down LOD, touch, Lady walk forward, touch

(Dropping Ladies Right Hand Picking up & raising Left)

- 5 - 8 Gent Full Turn Left on LRL down LOD, Touch Right, Lady Walk Forward LRL, Touch Right

(Pick up Back in Sweetheart Position)

Sec 6: Rumba Box

- 1 – 2 Step Right to side, step Left beside Right
- 3 - 4 Step Right forward, tap Left next to Right
- 5 – 6 Step Left to side, Step Right beside Left
- 7 – 8 Step Left back, tap Right next to Left (weight on Left)

Sec 7: Paddle x 2 turning 1/2 left. Cross, back, back, hold

(on turn release Left Hands taking right hands over Ladies head lowering into hammerlock, picking up left in front)

- 1 – 2 Step Right forward, paddle ¼ left. (weight on left)
- 3 – 4 Step Right forward, paddle ¼ left . (weight on left)
- 5 – 6 Cross Right over Left, step back onto Left
- 7 – 8 Step back on right, hold.

Sec 8: Cross, back, back hold. Paddle x 2 turning 1/2 left.

1 – 2 Cross Left over Right, step back onto Right

3 – 4 Step Back on Left, hold.

(on turn release Right Hands taking Left hands over , picking up right back into Sweetheart Position)

5 – 6 Step Right forward, paddle $\frac{1}{4}$ left (weight on left)

7 – 8 Step Right forward, paddle $\frac{1}{4}$ left (weight on left)

BEGIN AGAIN & HAPPY DANCING

Contact: regandrene@btinternet.com
