

Hit The Ground

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Dancedance - June 2014
音乐: Hit The Ground - Kique Santiago



Intro : 32 counts

[1-8] □ Step, Monterey ¼L, Rock Recover, Coaster

1 2 3 4 Step R forward, touch L to left side, ¼ left step , R step beside L (9:00)
5 6 7&8 Step L forward, recover R, step L back, R together, step forward L+

[9-16] □ Step, Hitch ¼R, Scissor Cross, Step, Touch Forward, Touch Back & Flick

1 2 3&4 R step forward, hitch L ¼ right, step L to left, step R beside L, step L cross over R
5 6 7 8 Step R to right, touch L forward, touch L back and flick L back

[17-24] □ Cross Jazz Box, Side Touch x 2 □

1 2 3 4 Step L forward, step R cross over L, step L back, step R to right
5 6 7 8 Step L to left, R touch beside L, step R to right, left to left, touch right beside

[25-32] □ 1/4L Walk Forward L,R, Shuffle Forward, Rocking Chair

1 2 3&4 L ¼ left walk L, R forward , Step L forward, step R behind L, step L forward (9:00)
5 6 7 8 Step R forward, recover L, Step R back, recover L

Start again.

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