

Con Amore Mio

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Low Intermediate
编舞者: Sally Hung (TW) - June 2014
音乐: Con Amore Mio by Kim Tae Woo



Sequence of dance: -

Tag 1: at the beginning of wall 4

Restart: on wall 5 after finishing S4 of wall 4

Tag 2: at the beginning of wall 6

Start to dance after 32 counts

Intro (32 counts)

Side together, side touch in different direction:

1-8 Right side, Left side
9-16 Right diagonal fwd, Left diagonal fwd
17-24 Right diagonal back, Left diagonal back
25-32 Right side, Left side

Tag 1 (4 counts)

1&2,3&4 Rock R to side, recover onto L, step R beside L, rock L to side, recover onto R, step L beside R

Tag 2 (8 counts)

1&2,3&4 Rock R to side, recover onto L, step R beside L, rock L to side, recover onto R, step L beside R
5,6,7,8 Cross R over L, step back on L, step R to side, step L fwd

S1. ROCK BACK, RECOVER, FWD SHUFFLE, SWAY L, SWAY R, SWAY L, KICK R

1,2,3&4 Rock back on R, recover onto L, fwd shuffle on RLR
5,6,7,8 Step L to side and sway to L, sway to R, sway to L, kick R across L

S2. SIDE SHUFFLE, ROCK BACK, RECOVER, SIDE SHUFFLE, ROCK BACK, RECOVER

1&2,3,4 Side shuffle on RLR, rock back on L, recover onto R
5&6,7,8 Side shuffle on LRL, rock back on R, recover onto L

S3. STEP, LOCK, STEP, FWD, ¼ TURN R, CROSS SHUFFLE

1,2,3&4 Step R fwd, lock step L behind R, step R fwd, lock step L behind R, step R fwd
5,6,7&8 Step L fwd, ¼ turn R, cross shuffle on LRL

S4. RUMBA BOX

1,2,3,4 Step R to side, step L together, step back on R, touch L beside R
5,6,7,8 Step L to side, step R together, step L fwd, touch R beside L

S5. SWAY R, SWAY L, SWAY R, DRAG, SIDE TOGETHER, ¼ TURN L, POINT(OR FLICK)

1,2,3,4 Step R to side and sway to R, sway to L, sway to R, drag L towards R,
5,6,7,8 Step L to L, step R beside L, ¼ turn L stepping L fwd, touch R together(or flick R)

S6. STEP, LOCK, STEP, ½ TURN L, STEP LOCK STEP, TOUCH

1,2,3,4 Step R fwd, lock step L behind R, step R fwd, ½ turn L
5,6,7,8 Step L fwd, lock step R behind L, step L fwd, touch R behind L

S7. ROCK BACK, RECOVER, ½ TURN L BACK SHUFFLE, ROCK BACK, RECOVER, ½ TURN R, BACK SHUFFLE

1,2,3&4 Rock back on R, recover onto L, ½ turn L shuffle back on RLR

5,6,7&8 Rock back on L, recover onto R, ½ turn R shuffle back on LRL

S8. FWD, ¼ TURN L, FWD, ¼ TURN L, JAZZ BOX ¼ TURN R

1,2,3,4 Step R fwd, ¼ turn L, step R fwd, ¼ turn L

5,6,7,8 Cross R over L, ¼ turn R stepping back on L, step R to side, step L fwd

Enjoy the dance!

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