

Big Mambo

拍数: 64 墙数: 2 级数: Beginner
编舞者: Adrian Helliker (FR) & Sue Ann Ehmann (USA) - June 2014
音乐: Big Mambo - Orchestra Mario Riccardi : (CD: Case e Chiesa)



Intro: 16 counts

[1-8] □WALK, HOLD, WALK, HOLD, MAMBO FORWARD

1-4 Step right forward, hold, step left forward, hold
5-8 Rock right forward, recover left, step right slightly back, hold

[9-16] □BACK, HOLD, BACK, HOLD, MAMBO BACK

1-4 Step left back, hold, step right back, hold
5-8 Rock left back, recover right, step left slightly forward, hold

[17-24] □STEP, LOCK, STEP HOLD X2 (RIGHT & LEFT)

1-2 Step right forward, lock left behind right
3-4 Step right forward, hold
5-6 Step left forward, lock right behind left
7-8 Step left forward, hold

[25-32] □SLOW CHASSE TO RIGHT 1/4 TURN, HOLD, MAMBO FORWARD 1/2 TURN HOLD

1-2 Step right to right side, left beside right
3-4 1/4 turn right stepping right forward, hold (3:00)
5-6 Rock left forward, recover weight onto right
7-8 Make 1/2 left stepping left forward, hold □(9:00)

[33-40] □1/4 LEFT SCISSOR, HOLD, 1/4 RIGHT SCISSOR, HOLD

1-4 1/4 turn left stepping right to side, step left beside right, cross right over left, hold □(6:00)
5-8 Step left to side, step right beside left, turn 1/4 right stepping left forward, □hold □(9:00)

[41-48] □DIAGONAL STEP, HOLD, DIAGONAL STEP, HOLD, SLOW COASTER, HOLD

1-2 Step right to forward right diagonal, hold
3-4 Step left to forward left diagonal, hold
5-8 Step right back, step left beside right, step right forward, hold

[49-56] RUN FORWARD LEFT, RIGHT, LEFT, HOLD, STEP, HOLD, 1/4 TURN LEFT, HOLD

1-2 Step left forward, step right forward
3-4 Step left forward, hold
5-6 Step right forward, hold
7-8 1/4 turn left, hold, taking weight on left (6:00)

[57-64] CROSS ROCK, TOGETHER. HOLD X 2

1-2 Cross rock right over left, recover left
3-4 Step right beside left, hold
5-6 Cross rock left over right, recover left
7-8 Step left beside right, hold

BEGIN AGAIN!

Choreographer info:

Adrian Helliker: adrianhelliker@aliceadsl.fr

Sue Ann Ehmann, Patrick Springs, VA, USA - saehmann@centurylink.net

