

# Holding Everything

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Gordon Elliott (AUS) - March 2014  
音乐: Holding Everything - Dolly Parton : (Album: Better Day)



**Original Position: Feet Together Weight On The Left Foot.**  
**This dance is done in TWO directions. Introduction : 16 Beats**

## **FORWARD, ROCK, COASTER STEP, SWEEP, SWEEP, QUICK PADDLE-ACROSS**

1, 2            Step R Forward, Rock Back Onto L,  
3 & 4           Coaster : Step R Back, Step L Together, Step R Forward,  
5, 6            Sweep To Step L Forward, Sweep To Step R Forward,  
7 &            Quick Paddle : Step L Forward, Turn 90deg Right Take Weight Onto R,  
8                Step L Across In Front Of Right.

## **SIDE, HOLD, BEHIND-SIDE-ACROSS, SIDE, HITCH FULL TURN, SIDE, ROCK**

1, 2            Big Step R To The Side, Hold,  
3 & 4            Step L Behind Right, Step R To The Side, Step L Across In Front Of Right,  
5, 6            Step R To The Side, Hitch R Turning 360deg Left,  
7, 8            Step R To The Side, Side Rock Onto L.

## **SAILOR STEP, 1/4 BACK, ROCK, 1 & 1/2 TRIPLE STEP, BACK, ROCK**

1 & 2            Sailor : Step R Behind Left, Step L To The Side, Step R To The Side,  
3, 4            Turn 90deg Left Sep L Back, Rock Forward Onto R,  
5 & 6            Travel Forward Turning 540deg Right Triple Step : L-R-L,  
7, 8            Step R Back, Rock Forward Onto L.

## **1 & 1/2 TRIPLE STEP, BACK, ROCK, SAMBA CROSS, SAMBA CROSS**

1 & 2            Travel Forward Turning 540deg Left Triple Step : R-L-R,  
3, 4            Step L Back, Rock Forward Onto R,  
5 & 6            Step L To The Side, Side Rock Onto R, Step L Across In Front Of Right,  
7 & 8            Step R To The Side, Side Rock Onto L, Step R Across In Front Of Left.

## **SIDE, HOLD & SHUFFLE ACROSS, SIDE, ROCK, 5/8 TURN SAILOR**

1, 2 &           Big Step L To The Side, Hold, Step R Back,  
3 & 4            Shuffle Left Across In Front Of Right Step : L-R-L,  
5, 6            Step R To The Side, Side Rock Onto L,  
7 & 8            Sailor Step Turning 225deg Right Step : R-L-R. (7.30)

## **SHUFFLE FORWARD, 1/4 SHUFFLE FORWARD, 1/8 FORWARD, ROCK, BACK, DRAG**

1 & 2            Shuffle Forward Step : L-R-L,  
3 & 4            Turn 90deg Left Shuffle Forward Step : R-L-R, (4.30)  
5, 6            Turn 45deg Right Step L Forward, Rock Back Onto R, (6.00)  
7, 8            Big Step L Back, Drag R Towards Left. ##

## **BACK, ROCK, PADDLE TURN, ACROSS-SIDE-BEHIND-SIDE-ACROSS, ROCK**

1, 2            Step R Back, Rock Forward Onto L,  
3, 4            Paddle : Step R Forward, Turn 90deg Left Take Weight Onto L,  
5 &            Step R Across In Front Of Left, Step L To The Side,  
6 &            Step R Behind Left, Step L To The Side,  
7, 8            Step R Across In Front Of Left, Rock Onto L.

## **& ACROSS-SIDE-BEHIND-1/4 TURN, PIVOT TURN, PIVOT TURN, FORWARD, TOUCH**

& 1 &        Step R To The Side, Step L Across In Front Of Right, Step R To The Side,  
2 &        Step L Behind Right, Turn 90deg Right Step R Forward,  
3, 4        Pivot : Step L Forward, Turn 180deg Right Take Weight Onto R,  
5, 6        Pivot : Step L Forward, Turn 180deg Right Take Weight Onto R,  
7, 8        Step L Forward, Touch R Toe Together & Click Fingers. \*\*

**[64] REPEAT THE DANCE IN NEW DIRECTION**

**TAG : At the END ( \*\* ) of WALL 1 (BACK) ADD the following tag :**

1,2, 3&4        Step R Forward, Rock Back Onto L, Coaster Step : R-L-R,

5,6, 7&8        Step L Forward, Rock Back Onto R, Coaster Step : L-R-L.

**RESTART : On WALL 3 dance to BEAT 48 ( ## ) & RESTART to the BACK.**

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