

Go With Me / Chair Dance

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 0 级数: CHAIR DANCE
编舞者: Pat Maragrita - June 2014
音乐: Come Go With Me - The Del-Vikings



INSTRUCTOR FACES GROUP SITTING, BEGINS WITH LEFT FOOT.

SITTING WITH FEET FLAT ON THE FLOOR, STEPS ARE MIRRORED WITH THE INSTRUCTORS' MOVES.

TOUCH, STEP, TOUCH, STEP, WITH CLAPS

- 1-2 TOUCH LEFT FOOT OUT ON DIAGONAL TO LEFT, RETURN TO CENTER WITH A CLAP
- 3-4 TOUCH RIGHT FOOT OUT ON DIAGONAL TO RIGHT, RETURN TO CENTER WITH A CLAP
- 5-6 TOUCH LEFT FOOT OUT ON DIAGONAL TO LEFT, RETURN TO CENTER WITH A CLAP
- 7-8 TOUCH RIGHT FOOT OUT ON DIAGONAL TO RIGHT, RETURN HOME WITH A CLAP

- 1-8 REPEAT THESE STEPS AGAIN

SIDE TOGETHER LEFT AND SIDE TOGETHER RIGHT WITH CLAPS

- 1-4 TOUCH LEFT OUT TO LEFT SIDE; TOUCH LEFT TO CENTER WITH CLAP, TOUCH LEFT TO LEFT, STEP LEFT IN CENTER WITH CLAP.
- 5-8 TOUCH RIGHT TO RIGHT SIDE, TOUCH RIGHT IN CENTER WITH CLAP, TOUCH RIGHT TO RIGHT, STEP RIGHT IN CENTER WITH CLAP.

KICK, KICK, STOMP, STOMP LEFT SIDE RIGHT SIDE

- 1-4 KICK LEFT FOOT FORWARD 2X'S, STOMP LEFT IN CENTER 2X'S
- 5-8 KICK RIGHT FOOT FORWARD 2X'S, STOMP RIGHT IN CENTER 2X'S

BEGIN AGAIN

Contact: instructor5678@gmail.com
