

Suicide Waltz

COPPERKNOB
BY STEPHEN BRETZ

拍数: 96 墙数: 2 级数: Intermediate / Advanced
编舞者: Joey Warren (USA), Debbie McLaughlin (UK) & Niels Poulsen (DK) - May 2014
音乐: Suicide - James Arthur : (iTunes)



Intro: James Arthur sings '1, 2, 3, here we go'. Start on first clear beat after this (6 secs into track).

Tag/Restarts: See explanation at bottom of page

Sequence: Intro, 96, 48, 96, 96, 24, 48, 6, 96, ending

Ending: When doing wall 7 (starts facing 12:00) continue dancing when music changes after 48 counts.

Finish 7th wall which takes you to 6:00 Then step fwd L and sweep R a ½ L

[1 – 12] Sweep ½ L, weave, ¼ L, sweep ½ L, fwd R, full turn R

1 – 3 Step fwd on L (1), start turning ½ L on L sweeping R fwd (2), finish ½ turn L (3) 6:00

4 – 6 Cross R over L (4), step L to L side (5), cross R behind L (6) 6:00

7 – 9 Turn ¼ L stepping L fwd (7), start turning ½ L on L sweeping R fwd (8), finish ½ turn L (9) 9:00

10 – 12 Step R fwd (10), turn ½ R stepping back on L (11), turn ½ R stepping fwd on R (12) 9:00

[13 – 24] Fwd L, slow ½ R, prep, full turn L, R twinkle, L twinkle ¾ L

1 – 3 Step fwd on L (1), start turning ½ R on L (2), finish turn changing weight to R foot (3) 3:00

4 – 6 Turn body slightly R (4) turn ½ L stepping fwd L (5), spin ½ L on L keeping R foot next to L (6) 3:00

7 – 9 Cross R over L (7), step L to L side (8), step R to R side (9) 3:00

10 – 12 Cross L over R (10), turn ¼ L stepping back on R (11), turn ½ L stepping fwd on L (12) * 2nd restart happens here 6:00

[25 – 36] Fwd R, drag L into L lift, run back L R L, ¼ R into R lunge, spin full turn L

1 – 3 Step R fwd (1), drag L next to R (2), go up on the ball of R lifting/kicking L slightly fwd (3) 6:00

4 – 6 Step down on R running back on L (4), run back on R (5), run back on L (6) 6:00

7 – 9 Turn ¼ R stepping R to R side (7), bend in R knee leaving L leg straightened (8), prep upper-body slightly R (9) 9:00

10 – 12 Recover on L turning ¼ L (10), start spinning ¾ L on L keeping R next to L (11), finish turn (12) 9:00

[37 – 48] R twinkle, L twinkle ½ R, R twinkle, L twinkle ½ R

1 – 3 Cross R over L (1), step L to L side (2), step R to R side (3) 9:00

4 – 6 Cross L over R (4), turn ¼ L stepping back on R (5), turn ¼ L stepping L to L side (6) 3:00

7 – 9 Cross R over L (7), step L to L side (8), step R to R side (9) 3:00

10 – 12 Cross L over R (10), turn ¼ L stepping back on R (11), turn ¼ L stepping L to L side (12) * 1st restart AND tag + 3rd restart happen here 9:00

[49 – 60] ½ diamond R, Cross, ¼ R, ¼ R, cross, full unwind R with sweep

1 – 3 Turn 1/8 L stepping R fwd (1), turn 1/8 R stepping L to L side (2) turn 1/8 R stepping R back (3) 10:30

4 – 6 Step L back (4), turn 1/8 R stepping R to R side (5), turn 1/8 R stepping L fwd (6) 1:30

7 – 9 Square up to 3:00 crossing R over L (7), turn ¼ R stepping L back (8), turn ¼ R stepping R to R side (9) 9:00

10 – 12 Cross L slightly over R (10), unwind full turn R on L (11), sweep R to R side (12) 9:00

[61 – 72] □R sailor step, L sailor step, behind side cross, slow L side rock

- 1 – 3 Cross R behind L (1), step L to L side (2), step R to R side (3) □9:00
4 – 6 Cross L behind R (4), step R to R side (5), step L to L side (6) □9:00
7 – 9 Cross R behind L (7), step L to L side (8), cross R over L (9) □9:00
10 – 12 Rock L to L side (10), start changing weight to R (11), recover fully on R (12) 9:00

[73 – 84] □L twinkle, R cross, L drag, hitch L, L twinkle, R drag ¼ R, hitch R

- 1 – 3 Cross L over R (1), step R to R side (2), step L to L side (3) □9:00
4 – 6 Cross R over L (4), drag L towards R turning body slightly R (5), hitch L knee slightly (6) □9:00
7 – 9 Cross L over R (7), step R to R side (8), step L to L side (9) □9:00
10 – 12 Cross R over L (10), drag L towards R turning ¼ R (11), hitch L knee slightly (12) 12:00

[85 – 96] □Fwd L, ¼ L, ¼ L, back R, ¼ L, ¼ L, fwd L, drag together, back R, ½ L, fwd R

- 1 – 3 Step L fwd (1), turn ¼ L stepping R to R side (2), turn ¼ L stepping back on L (3) 6:00
4 – 6 Step back on R (4), turn ¼ L stepping L to L side (5), turn ¼ L stepping fwd on R (6) 12:00
7 – 9 Step fwd on L (7), start dragging R towards L (8), touch R next to L (9) 12:00
10 – 12 Step back on R (10), turn ½ L stepping fwd on L (11), step fwd on R (12) 6:00

Start again

Restart + Tag - There are 2 Restarts + 1 Tag with a Restart afterwards. The good thing about the Restarts and the Tag is that you execute them in exactly the same way doing a spiral turn each time:

Restart no. 1: □The 1st Restart happens after 48 counts on wall 2, facing 12:00 (wall 2 starts at the back wall). After 48 counts you will normally be facing 3:00 having just completed a twinkle ½ L. To Restart facing the front you change your twinkle ½ L (counts 46-48) into: cross L over R, turn ¼ L stepping back on R, do a spiral ½ L on R. Now Restart facing the front □12:00

Restart no. 2: □The 2nd Restart happens after 24 counts on wall 5, facing 6:00 (wall 5 starts at the front wall). After 24 counts you will be facing 6:00 but with the weight on your L. To restart you must have the weight on your R foot. To do this you change your twinkle ¾ L (counts 22-24) to: cross L over R, turn ¼ L stepping back on R, do a spiral ½ L on R. Now Restart facing 6:00

Tag + Restart no. 3: The Tag + 3rd Restart happens after 48 counts on wall 6, facing 12:00 (wall 6 starts at the back wall). Do the same as with your 1st Restart on counts 46-48: cross L over R, turn ¼ L stepping back on R, do a spiral ½ L on R. Then add this 6 count Tag (L basic fwd, R back drag): step L fwd (1), step R next to L (2), change weight to L (3), step R back (4), start dragging L towards R (5), touch L next to R having opened turned body slightly R to be ready to turn L into your Restart (6). Now Restart facing the front □12:00
