# **Wasted Love**



编舞者: Phoenix Adamson (NZ) - May 2014 音乐: The Runner - Anna Coddington



Intro: 32 Counts

# HITCH - BALL - CROSS, SIDE, BEHIND - SIDE - CROSS, SIDE ROCK, CROSS SHUFFLE

1 & 2 Hitch Right (1), Close Right Beside Left (&), Cross Left Over Right (2)

3 – 4 & 5 Step Right To Side, Cross Left Behind Right (4), Step Right To Side (&), Cross Left Over

Right (5)

6 – 7 – 8 & 1 Rock Right To Side, Recover Onto Left, Cross Shuffle Stepping Right (8) – Left (&) – Right

(1)

## 1/4 TURN - 1/2 TURN, 3/4 PIVOT, SIDE SHUFFLE, SCUFF

2 – 3 – 4 – 5 Making ¼ Turn Right Step Back On Left, Making ½ Turn Right Step Forward On Right, Step

Forward On Left, 3/4 Pivot Right

6 & 7 Side Shuffle Stepping Left (6) – Right (&) – Left (7)

8 Scuff Right (6 O'Clock)

## CROSS ROCK, 1/4 TURN - HOLD, 1/2 PIVOT, SHUFFLE 1/2 TURN

1-2-3-4 Rock Right Over Left, Recover Onto Left, Making  $\frac{1}{4}$  Turn Right Step Forward On Right,

**HOLD** 

5 – 6 – 7 & 8 Step Forward On Left, ½ Pivot Right, Making ½ Turn Right Shuffle Back Stepping Left (7) –

Right (&) - Left (8) (9 O'Clock)

# ROCK RECOVER, ½ PIVOT, FORWARD - ½ PIVOT - FORWARD

1 – 2 – 3 – 4 Rock Back On Right, Recover Onto Left, Step Forward On Right, ½ Pivot Left

5-6-7-8 Step Forward On Right, Step Forward On Left, ½ Pivot Right, Step Forward On Left (9

O'Clock)

#### **REPEAT**

# TAG: On Completion Of Wall 2 (Facing 6 O'Clock) & Wall 5 (Facing 9 O'Clock) There Is An 8 Count Tag SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE, ROCK RECOVER

1 & 2	Side Shuffle S	Stepping Right (	1) – Left (	&) – Riaht (2)

3 – 4 Rock Back On Left, Recover Onto Right

5 & 6 Side Shuffle Stepping Left (5) – Right (&) – Left (6)

7 – 8 Rock Back On Right, Recover Onto Left

This Dance Is Dedicated To My AMAZING Friend & Also Radio Show Co-Host Hamie 'Ladi H' Munroe. A Track; She Questioned If A Dance Could Be Written To It & Look What Has Come Of That Question.

## ENJOY!!!!!