

# Relieve The Pressure

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Phoenix Adamson (NZ) - May 2014  
音乐: Just a Little Bit - Kids of 88



## Intro: 64 Counts

### ROCK RECOVER, KICK – BALL – STEP, ½ PIVOT, SHUFFLE ½ TURN

- 1 – 2 – 3 & 4    Rock Back On Right, Recover Onto Left, Kick Right Forward (3), Close Right Beside Left (&), Step Forward On Left (4)  
5 – 6 – 7 & 8    Step Forward On Right, ½ Pivot Left, Making ½ Turn Left Shuffle Back Stepping Right (7) – Left (&) – Right (8)

### ROCK RECOVER, KICK – BALL – STEP, ½ PIVOT, SHUFFLE ½ TURN

- 1 – 2 – 3 & 4    Rock Back On Left, Recover Onto Right, Kick Left Forward (3), Close Left Beside Right (&), Step Forward On Right (4)  
5 – 6 – 7 & 8    Step Forward On Left, ½ Pivot Right, Making ½ Turn Right Shuffle Back Stepping Left (7) – Right (&) – Left (8)

### SIDE – HOLD, CLOSE – SIDE – SCUFF, CROSS ROCK, SHUFFLE ¼ TURN

- 1 – 2            Step Right To Side, HOLD  
& 3 – 4        Close Left Beside Right (&), Step Right To Side, Scuff Left  
5 – 6 – 7 & 8    Rock Left Over Right, Recover Onto Right, Making ¼ Turn Left Shuffle Forward Stepping Left (7) – Right (&) – Left (8) (9 O'Clock)

### SIDE – TOUCH, ¼ TOUCH – ¼ TOUCH, ROCK RECOVER, FORWARD – TOUCH

- 1 – 2            Step Right To Side, Touch Left Beside Right  
& 3 & 4        Making ¼ Turn Left Step Forward On Left (&), Touch Right Beside Left, Making ¼ Turn Left Step Right To Side (&), Touch Left Beside Right  
5 – 6 – 7 – 8    Rock Back On Left, Recover Onto Right, Step Forward On Left, Touch Right Beside Left (3 O'Clock)

## REPEAT

### TAG: On Completion Of Wall 3 (Facing 9 O'Clock) There Is An 8 Count Tag

#### SIDE ROCK, COASTER, ROCK RECOVER, BACK – POINT

- 1 – 2 – 3 & 4    Rock Right To Side, Recover Onto Left, Step Back On Right (3), Close Left Beside Right (&), Step Forward On Right (4)  
5 – 6 – 7 – 8    Rock Forward On Left, Recover Onto Right, Step Back On Left, Point Right To Side