

Hot Rising Flames

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Francien Sittrop (NL) - June 2014
音乐: Set Your Heart On Me - Helena Paparizou : (Album: One Life)



Intro: Start on vocals

[1 – 8] □ Rock Recover & Heel , Hold, Cross , Side, Behind Side Touch

1 - 2 Rock R fwd, Recover on L
&3-4 Step R next to L, Touch L Heel fwd, Hold (**R** Wall 4)
&5-6 Step L next to R, Step R across L, Step L to L side
7 & 8 Step R behind L, Step L to L side, Touch R next to L and Pop Knee in

[9 – 16] □ Rolling Vine, Point, ¼ Turn L, ½ Turn L, ¼ L Side Shuffle

1 – 4 ¼ Turn R step R to R side, ½ Turn R step L back, ¼ Turn R step R to R side, Point L
5 – 6 ¼ Turn L step L fwd, ½ Turn L step R back
7 & 8 ¼ Turn L step L to L side, Step R next to L, step L fwd to L side (12.00) (**R**Wall 2)

[17-24] □ Cross Side, Sailorstep, Cross Side, Shuffle ¾ Turn L

1 – 2 Step R across L, Step L to L side
3 & 4 Sweep R behind L, Step L to L side, Step R to R side
5 – 6 Step L across R, Step R to R side
7 & 8 ¼ Turn L step L to L side, Step R next to L , ½ Turn L step L fwd (03.00)

[25-32] □ ¼ Turn L , Touch, ¼ Turn L , Touch, Syncopated Side Rocks

1 – 2 ¼ Turn L step R to R side, Touch L next to R (12.00)
3 – 4 ¼ Turn L step L fwd, Touch R next to L (09.00)
5-6& Rock R to R side, Recover on L, Step R next to L
7-8& Rock L to L side, Recover on R, Step L next to R

[33-40] □ Out Out , In In , Fwd x2

1 - 2 Step R out, Step L out
&3-4 Step R Back in Centre, Step L next to R, Step R fwd
5 – 6 Step L out, Step R out
&7-8 Step L Back in Centre, Step R next to L, Step L fwd

[41- 48] □ Shuffle fwd, Jazz Box Cross ¼ Turn L, Side, Touch

1 & 2 Step R fwd, Step L next to R , Step R fwd
3 – 4 Step L across R, Step R back
5 – 8 ¼ Turn L step L to L side, Step R across L, Step L to L side, Touch R next to L(06.00)
(**R**Wall 5)

[49-56] □ Step fwd, Hitch, Coaster Step, Syncopated Jazzbox, Scuff

1 – 2 Step R fwd, Hitch L
3 & 4 Step L back, Step R next to L, Step L fwd
5 -6& Step R across L, Step L back, Step R next to L
7 – 8 Step L across R , Scuff R fwd

[57-64] □ Chasse R, Rock Recover, Side ,Sailor ¼ R and Heel , Hold

1 & 2 Step R to R side, Step L next to R, Step R to R side
3 – 4 Rock L back, Recover on R
5 – Step L to L side
6&7-8 Step R behind L ,Step L next to R with ¼ Turn R, Touch R Heel fwd, Hold (09.00)

Restarts :-

Wall 2 after count 16 Start again with count 1

Wall 4 after count 4 . Add an & Count , step L next to R and Start again with count 1

Wall 5 after count 48 Start again with count 1

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