

Act Right

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Act Right - Blue Harlem : (CD: Jump Jack Jump)



Intro: 8 counts / NO TAGS – NO RESTARTS □

[1 - 8] □ Cross, Out-Out, Step, Cross, Side Rock - 1/4 Left, Triple Back, Rock Back □

1&2& Cross R in front of L (1); Step L (out) side left (&); Step R (out) side right (2); Step L to center (&) □ 12
3 - 4 Cross R in front of L; Rock L side left □ 12
5 Return weight to R as you turn ¼ left (weight is on the right foot) □ 9
6&7, 8 Step L back; Step R next to L; Step L back; Rock back on R □ 9

[9 - 16] □ Return, Turn 1/2 Left X 3 - Coaster Step, Forward-1/4 Turn Right Ball-Cross □

1,2,3,4 Return weight to L (prep for left turn); Turn ½ left stepping back on R □ 3
3 - 4 Turn ½ left stepping forward on L; Turn ½ left stepping back on R □ 3
5 & 6 Step L back; Step R next L; Step L forward □ 3
7 & 8 Step R forward, Step ball of L forward turning ¼ right; Cross step R in front of L □ 6

[17 - 24] □ Rock, Return, Behind, 1/4 Right, Side - Behind, 1/4 Left, Forward, Triple Forward □

1,2 3&4 Rock L side left; Return weight to R; Step L behind R; Turn ¼ right step R forward; Step L side left □ 9
5 & 6 Step R behind L; Turn ¼ left step L forward; Step R forward □ 6
7 & 8 Step L forward; Step R next to L; Step L forward □ 6

[25 - 32] □ Step, Heel In, Toe In, Heel In - Point Left, Step-Point Right, Back-Heel, Step-Touch □

1,2,3,4 Step R forward right diagonal; Bring L heel in; Bring L toe in; Bring L heel in (keep weight right) □ 6
5 & 6 Point L toe side left; Step L next to R; Point R toe side right □ 6
&7&8 Step R back; Touch L heel (or toe) forward; Step L next to R; Touch R next to L □ 6

[33 - 40] □ Step Out-Out, Hold, Hold, Bump - Bump, Hold, Hold, Step-Cross □

& 1 Step R side right (&); Smaller step onto L side left with weight staying on R (1) □ 6
2,3,4,5 Hold (2); Hold (3); Bump L hip side left (4); Bump R hip side right (5) □ 6
6 - 7 Hold (6); Hold (7) □ 6
& 8 Step ball of L behind R (&); Cross step R in front of L (8) □ 6

Option □ If you like, bump the hips to the left and right during counts 2,3, dropping the holds: Bump 2-5 □

[41 - 48] □ Point, Flick, Cross, Side - Left Sailor, Right 1/2 Turning Sailor □

1,2,3,4 Point L toe side left; Flick L heel back & up or just hold; Step L in front of R; Step R side right □ 6
5 & 6 Step L behind R; Step R side right; Step L side left □ 6
7 & 8 Step R behind L (start ½ turn right); Complete ½ right stepping onto L; Step R slightly forward □ 12

[49 - 56] □ Skate, Skate, Scissor Cross - 1/4 Turn Left, Drag Left, Coaster Step □

1 - 2 Step (skate) L to forward left diagonal; Step (skate) R to forward right diagonal □ 12
3 & 4 Step L side left; Step R next to L; Step L in front of R □ 12
5,6 7&8 Turn ¼ left stepping back onto R; Drag L towards R; Step L back; Step R next to L; Step L forward □ 9

[57 - 64] Step Forward, Rock Forward, Return, Step Forward - Forward, Turn 1/2, 1/2, 1/4 Left □

1,2,3,4 Step R forward; Step L forward (rock); Return back onto R in place; Step L forward□9
5 - 6 Step R forward; Turn ½ left taking weight onto L□3
7 - 8 Continue turning ½ left stepping back onto R; Continue turning ¼ left stepping L side left 6

Begin Again and Enjoy

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