

Beautiful Goodbye

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Michael Barr (USA) - May 2014
音乐: Beautiful Goodbye - Maroon 5 : (CD: Overexposed - 4:18)



Intro: 16 counts □

[1 - 8] □ Step Touch, Step Touch, Side-Together-Side-Touch – Repeat □

- 1&2& Step R side right; Touch L next to R; Step L side left; Touch R next to L □ 12
3&4& Step R side right; Step L next to R; Step R side right; Touch L next to R □ 12
5&6& Step L side left; Touch R next to left; Step R side right; Touch L next R □ 12
7&8& Step L side left; Step R next to L; Step L side left; Touch R next to L □ 12

[9 - 16] Mambo, Coaster 1/4 Cross – Side-Cross-Side, 1/4 Turn Tap-Tap-Step □

- 1 & 2 Rock forward onto R; Return weight to L in place; Step R back □ 12
3 & 4 Step L back; Step R next L; Turn ¼ left as you cross step L in front of R □ 9
5 & 6 Step R side right; Step L in front of R; Step R side right □ 9
7 & 8 Start turning 1/8 left tapping L toe to floor; Turn 1/8 left tapping L toe to floor (&); Step L forward □ 6

[17 - 24] Samba Steps Forward & Back Turning 1/2 Left – Use the Clock □

Note □ Use your '&' count (bounce) to rise a little on the ball of the foot, then return level to the floor on the next count.

Your directional change will take place as you finish the '&' count. The Samba Bounce! □

- 1 Cross step R foot in front of L to forward left diagonal (5 o'clock) □ 6
& 2 Step ball of L side left (square to 6 o'clock); Step R foot to forward right diagonal (7 o'clock) □ 6
3 Cross step L foot in front of R to forward right diagonal (7 o'clock) □ 6
& 4 Step ball of R side right (square to 6 o'clock); Step L to back diagonal (facing 5 o'clock) □ 6
5 Step R foot back on diagonal still facing 5 o'clock □ 6
& 6 Turning to 3 o'clock step ball of L side left; Step R foot to forward diagonal (1 o'clock) □ 3
7 Cross step L foot in front of R to forward diagonal (1 o'clock) □ 3
& 8 Step ball of R side right (square to 12 o'clock); Step L foot back on diagonal (facing 11 o'clock) □ 12

Note □ You will start to the 6 o'clock left diagonal and end at the 12 o'clock left diagonal. □

Note □ I have highlighted words above that can be used for cueing. Give it a try if you like. □

[25 - 32] □ Back-Side-Cross, Scissors Step – Full Turn Left, Rock Back-Return-Side-Touch □

- 1 & 2 Step R foot back on diagonal (facing 11 o'clock); Turn to 9:00 o'clock step L side left; Step R in front of L □ 9
3 & 4 Step L side left; Step R next to L; Step L in front of R (prep for left turn) □ 9
5 & 6 Turn ¼ left stepping back on R; Turn ½ left stepping forward on L; Turn ¼ left stepping R side right □ 9

Option □ No turn option for 5 & 6. Step R side right; Step L in front of R; Step R side right □ 9

- 7&8& Rock L back; Return weight to R in place; Step L side left; Touch R next to L □ 9

Begin Again and Enjoy!

Website: www.michaelandmichele.com / Email: mbarr@saber.net / Mob: 01 - 530.586.0255