

Gridlock City

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Improver
编舞者: Caroline Cooper (UK) - June 2014
音乐: Gridlock City - Lyam Layne : (Album: Heartland)



START ON VOCALS (approx 16 counts) - One step change with Restart

SECTION ONE: SIDE TOUCHES X 2, SIDE TOGETHER STEP FORWARD (finger clicks optional)

1& Step right to right side, touch left next to right
2& Step left to left side, touch right next to left
3&4 Step right to right side, close left next to right, step forward right
5& Step left to left side, touch right next to left
6& Step right to right side, touch left next to right
7&8 Step left to left side, close right next to left, step back left

SECTION TWO: ROCK BACK, ¼ TURN, BACK ROCK SIDE, BEHIND SIDE CROSS, SIDE ROCK CROSS

1&2 Rock back right, recover left, ¼ left stepping right to right side
3&4 Back rock left behind right, recover weight right, step left to left side
5&6 Step right behind left, step left to left side, cross right over left
7&8 Rock left to left side, recover weight right, cross left over right

SECTION THREE: MONTEREY TURN ¼ X 2, FORWARD, FORWARD, BACK BACK, X 2

1& Point right to right side ¼ turn right closing right next to left
2& Point left to left side, step left next to right
3& Point right to right side, ¼ turn right closing right next to left
4& Point left to left side, close left next to right
5&6& Step forward right, step forward left, step back right, step back left
7&8& Step forward right, step forward left, step back right, step back left

SECTION FOUR: FORWARD TOE STRUTS, RUN BACK X 3, COASTER STEP, POINT ¼ POINT (finger clicks optional on toe struts)

1&2& Step forward on ball on right foot, drop heel, step forward on ball of left foot, drop heel
3&4 Step back right, left, right
5&6 Step back left, bring right next to left, step forward left
7&8 Point right to right side, ¼ turn right bring right next to left, pointing left to left side

SECTION FIVE: TOUCH IN, OUT, IN, COASTER STEP, OUT, IN, OUT, BEHIND ¼ STEP

1&2 Touch left next to right, touch left to left side, touch left next to right
3&4 Step back left, bring right next to left, step forward left
5&6 Touch right out, touch right next to left, touch right out
7&8 Step right behind left, ¼ left, stepping forward left, step forward right

SECTION SIX: STEP ½ TURN, STEP ½ TURN, JAZZ BOX (for styling lean into your step before ½ turn)

1-2 Step forward left, ½ turn right
3-4 Step forward left, ½ turn right
5-6 Cross left over right, step back right
7-8 Step left to left side, close right next to left

Wall 4 There is a step change on count 2 instead of touching left next to right, you close left next to right, ready to Restart your dance from here, this takes place facing 3 o'clock.