

# Traktor Polka

**COPPER KNOB**  
BYEPOSTETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Aiden Fryer (UK) - June 2014  
音乐: Traktor polka - Atomik Harmonik



## START ON WORDS VOCALS COUNTS

### SIDE ROCK TOGETHER, SIDE ROCK RECOVER, BEHIND KICK BALL CROSS SIDE

1-2&      Rock right to right side recover on left step right next to left  
3-4      Rock left to left side, recover on right to right side  
5-6&      step down on left foot behind right, kick right to right side, step down on right  
7-8      Cross left over right step right to right side

### ROCK BACK RECOVER SHUFFLE ¼ FULL TURN RIGHT SHUFFLE FORWARD

1-2      Rock left behind right recover on right foot  
3&4      Shuffle ¼ left stepping left forward, step right next to left step forward on left  
5-6      ½ over left shoulder, step back on right, ½ over left step left foot forward  
7&8      Right shuffle forward stepping right forward, left next to right, step right foot forward

### ROCK FORWARD LEFT RECOVER BACK, LEFT COASTER STEP, RIGHT ROCKING CHAIR

1-2      Rock forward on left recover on right  
3&4      Left coaster step left back, right next to left, step left foot forward  
5-6      Rock forward on right, recover on left  
7-8      Rock back on right, recover onto left foot stepping forward

### STEP ¼ STEP ¼ JAZZBOX WITH CROSS

1-2      Step forward on right, make ¼ left weight onto left foot  
3-4      Step forward on right, make ¼ left weight onto left foot  
5-6      Cross right over left, step back on left  
7-8      Step right foot to right side, cross left over right

Optional Hands as you rock to side, bring arms up on **HANDS UP AND OUT**

**END OF DANCE - ENJOY**

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Last Update - 27 April 2021