

Tokyo's Lovers

COPPERKNOB
STEPSHEETS

拍数: 112 墙数: 4 级数: Phrased Easy Intermediate
编舞者: Daniel Trepal (NL) - April 2014
音乐: Grotesque (feat. Namie Amuro) - Ken Hirai



Intro: 16 counts from first beat in music (app. 7 secs into track). Start after the countdown

Sequences: A B A B* A B A A A Outro

B*: This B is little B. You will do only the last 16 counts of part B

Footwork Part A

[1 – 8] Out Out, Step fwd, Hitch, Step back, Hitch, Step fwd, Hitch

1 – 4 Step R out (1), Step L out (2), Step R forward (3), Hitch L (4) 12:00

5 – 8 Step L back (5), Hitch R (6), Step R forward (7), Hitch L (8) 12:00

[9 – 16] Rockstep, ¼ turn L, Weave

1 – 4 Rock L forward (1), Recover on R (2), ¼ turn L stepping L to L side (3), Cross R over L (4) 9:00

5 – 8 Step L to L side (5), Cross R behind L (6), Step L to L side (7), Cross R over L (8) 9:00

[17 – 24] Slide, Together, Weave

1 – 4 Step L a big step to L side (1), Drag R towards L (2), Step R next to L (3), Cross L over R (4) 9:00

5 – 8 Step R to R side (5), Cross L behind R (6), Step R to R side (7), Cross L over R (8) 9:00

[25 – 32] Side, Touch in out in, Side, Touch, Rockstep with Kneepops

1 – 4 Step R to R side (1), Touch L next to R (2), Touch L to L side (3), Touch L next to R (4) 9:00

5 – 8 Step L to L side (5), Touch R next to L (6), Rock R back popping L Knee (7), Recover on L popping R knee (8) 9:00

[33 – 40] Rockstep, Shuffle ½ turn R, Rockstep, Shuffle ½ turn L

1 – 2 Rock R forward (1), Recover on L (2) 9:00

3&4 ¼ turn R stepping R to R side (3), Step L next to R (&), ¼ turn R stepping R forward (4) 3:00

5 – 6 Rock L forward (5), Recover on R (6) 3:00

7&8 ¼ turn L stepping L to L side (7), Step R next to L (&), ¼ turn L stepping L forward (8) 9:00

[41 – 48] Step fwd, ¼ turn L, Kick ballstep (2x)

1 – 2 Step R forward (1), ¼ turn L stepping L to L side (2) 6:00

3&4 Kick R forward (3), Step on ball of R next to L (&), Step a small step L forward (4) 6:00

5 – 6 Step R forward (5), ¼ turn L stepping L to L side (6) 3:00

7&8 Kick R forward (7), Step on ball of R next to L (&), Step a small step L forward (8) 3:00

[49 – 56] Skate touch 2x, Skates

1 – 2 Skate R forward and touching at the end of the skate (1), Step on R (2) 3:00

3 – 4 Skate L forward and touching at the end of the skate (3), Step on L (4) 3:00

5 – 8 Skate R forward (5), Skate L forward (6), Skate R forward (7), Skate L forward (8) 3:00

[57 – 64] Step fwd, Touch, Step back, Touch, Knee out in, Rockstep with Kneepops

1 – 4 Step R forward (1), Touch L next R (2), Step L back (3), Touch R next L (4) 3:00

5 – 8 Turn R knee out (5), Recover R knee (6), Rock R back popping L Knee (7), Recover on L popping R knee (8) 3:00

Footwork & Arms Part B

[1 – 8] Step out, Arm movement

1 – 8 Step R out & open R arm to R on 1 Keep opening arm till Count 4. Open L arm to L on 5678
3:00

[9 - 16] ¼ turn R, Step out, Arm movement

1 – 8 ¼ turn R stepping R out & open R arm to R on 1 Keep opening arm till count 4. Open L arm to L on 5678 [6:00]

[17 – 24] Elvis Knees

1 – 4 Weight on L & L knee in (1), Hold (2), Weight on R & R knee in (3), Hold (4) 6:00

5 – 8 L knee in (5), R knee in (6), L knee in (7), R knee in (8) 6:00

[25 – 32] Side, Touch 4x

1 – 4 Step R to R side (1), Touch L next to R (2), Step L to L side (3), Touch R next to L (4) 6:00

5 – 8 Step R to R side (5), Touch L next to R (6), Step L to L side (7), Touch R next to L (8) 6:00

[33 – 40] Heel Tap R 8x, arm movement

1 – 8 Tap R heel forward & raise the hands from side to up on count 1 - 8 6:00

[41 – 48] Step ½ turn L 2x, 4 walks R L R L with shimmy shoulders

1 – 4 Step R forward (1), ½ turn L stepping L fwd (2), Step R forward (3), ½ turn L stepping L fwd (4) 6:00

5 – 8 Step R forward (5), Step L forward (6), Repeat on 7 – 8, Shimmy Shoulder on 5 – 8 6:00

Begin again!

Submitted by - Dodo Wong - dodo_wong@rogers.com
