

# Save Me

拍数: 64      墙数: 4      级数: Higher Intermediate  
编舞者: Esmeralda van de Pol (NL) - May 2014  
音乐: Save Me (This Is an SOS) - Helena Paparizou : (Album: One Life)



Intro : 8 counts

## Cross Rock & Side, Cross, Side, Cross Rock Back, Recover, Chasse R

1-2&      RF rock fwd, recover on LF, RF step to R side  
3-4      LF step across RF, RF step to R side  
5-6      LF rock behind RF, recover on RF  
7&8      step LF to L side, RF step next to LF, step LF to L side [12]

## Cross, 1/4 turn R, Side, Step Fwd x2, Rock Fwd, Recover, Point Back, 1/4 Turn R

1-2&      step RF across LF, 1/4 turn R step LF back, step RF to R side [3]  
3-4      step LF fwd, step RF fwd  
5-6&      LF rock fwd, recover on RF, LF step slightly back  
7-8      Point R toe behind, 1/4 turn R-weight on RF [6]

## Cross Rock & Side, Cross, Side, 1/4 turn R x2, Sailor Heel

1-2&      LF rock across RF, recover on RF, step LF to L side  
3-4      step RF across LF, step LF to L side  
5-6      1/4 turn R-step RF to R side, 1/4 turn R-step LF to L side [12]  
7&8      RF step behind LF, step LF to L side, Touch R heel fwd

## & Cross, Hold, & Cross, Side, Coaster 1/4 turn L, Shuffle Fwd

&1-2      step RF next to LF, step LF across RF, Hold  
&3-4      step RF slightly to R side, Step LF across RF, Step RF to R side  
5&6      1/4 turn L-step LF back, step RF next to LF, step LF fwd [9]  
7&8      step RF fwd, step LF next to RF, step RF fwd

## Kick & Monterey 1/4 turn R, Kick & Monterey 1/4 turn R

1&2      kick LF fwd, step LF next to RF, point L toe to L side  
3-4      1/4 turn R-step RF next to LF, Point L toe to L side [12]  
5&6      kick LF fwd, step LF next to RF, Point R toe to R side  
7-8      1/4 turn R-step RF next to LF, Touch LF next to Rf [3]

## Walk fwd x2, & Fwd Rock, Recover, Lockstep Back, Shuffle 1/2 turn L

1-2      Walk fwd, LF, RF  
&3-4      LF step slightly fwd, RF rock fwd, recover on LF  
5&6      RF step back, LF step across RF, RF step back  
7&8      1/4 turn L-step LF to L side, step RF next to LF, 1/4 turn L-step LF fwd [9]

## Pivot 1/4 turn L, Cross, Side, Behind, Side Rock, Sailor Step

1-2&      step RF fwd, 1/4 turn L-weight on LF, step RF across LF [6]  
3-4      step LF to L side, step RF behind LF  
5-6      rock LF to L side, recover on RF  
7&8      step LF behind RF, step RF to R side, Step LF to L side

## Cross, Siccor Step, 1/4 turn L, Shuffle 1/2 turn L, Pivot 1/2 turn L

1      step RF across LF  
2&3      step LF to L side, step RF next to LV, step LF across RF

4	1/4 turn L-step RF back [3]
5&6	1/4 L-step LF to L side, step RF next to LF, 1/4 turn L-step LF fwd [9]
7-8	step RF fwd, 1/2 turn L- weight on LF [3]

**Start again**

**Bridge / Tag: In de 3rd [3] wall after 32 counts, AFTER THE TAG YOU WILL CONTINUE WITH COUNT 33**  
**Fwd Rock, Coaster Step x2**

1-2	LF rock fwd, recover on RF
3&4	LFstep back, step RF next to LF, step LF fwd
5-6	RF rock fwd, recover on LF
7&8	RFstep back, step LF next to RF, step RF fwd

**Last Update - 1st June 2014**

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