

P.O.B. This Afternoon

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Guyton Mundy (USA) - May 2014
音乐: This Afternoon - Nickelback



Start dance after you hear him say OOOOH, that's 16 counts in from soft beat

[1-8] Side rock and cross, 3/4 turn into rock/recover, back sweep, cross and cross

1&2 rock right to right, recover on left, cross right over left
3& make a 1/4 turn to right as you step back on left, make a 1/2 turn right stepping forward on right
4& rock forward on left, recover on right
5-6 step back on left as you sweep right around to right, step right behind left
&7&8 step left to left, cross right over left, step left to left, cross right over left

[9-16] Rock and cross, 3/4 turn, walk X2, triple step

1&2 rock left to left, recover on right, cross left over right
3&4 make a 1/4 turn to left as you step back on right, make a 1/2 turn to left as you step forward on left, step forward on right
5-6 walk forward left, right
7&8 triple forward left, right, left

[17-24] Full chase turn, back X3, coaster cross, side triple

1&2 step forward on right, make a 1/2 turn to left stepping forward on left, make a 1/2 turn to left stepping back on right
3&4 walk back left right left, (this is not a shuffle)
5&6 step back on right, step together with left, cross right over left
7&8 step left to left side, step together with right, step left to left side

[24-32] Touch steps X3, 1/4 turn triple back, 1/2 turn, walk, triple step

&1&2 touch right next to left, step right to right, touch left to right, step left to left
&3&4 touch right next to left, make a 1/4 turn to left stepping back on right, bring left to right, step back on left
5-6 make a 1/2 turn over left stepping forward on left, step forward on right
7&8 shuffle forward left, right, left

Tag:-

On the 2nd wall after this section walk forward for 2 counts and then pick up the last 8 counts of the dance
On the 4th wall after this section walk around in a circle over right for 6 counts then pick up the last 8 counts of the dance

[33-40] Cross back side, cross back forward, rocking chair, 1/2, 1/2, back X3

1&2 cross right over left, step back on left, step together with left
&3& cross right over left, step back on right, step forward on left
4&5 rock forward on right, recover on left, rock back on right
&6 recover on left, step forward on right
7&8 make a 1/2 turn to left stepping forward on left, make a 1/2 turn to left stepping back on right, step back left

[41-48] Shuffle back, coaster, 1/2 turn walk around

1&2 shuffle back right, left, right
3&4 step back on left, step together with right, step forward on right
5&6&7&8 make a 1/2 turn to right as you walk around right, left, right, left

Repeat..

On the 5th wall do the last 8 counts one more time then Restart the dance.

After the 6th wall of the dance walk around in a circle over you right for 6 counts and then Restart the dance for the last wall
