

# P.O.B. This Afternoon

COPPER KNOB  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Intermediate  
编舞者: Guyton Mundy (USA) - May 2014  
音乐: This Afternoon - Nickelback



Start dance after you hear him say OOOOH, that's 16 counts in from soft beat

## [1-8] Side rock and cross, 3/4 turn into rock/recover, back sweep, cross and cross

1&2                      rock right to right, recover on left, cross right over left  
3&                        make a 1/4 turn to right as you step back on left, make a 1/2 turn right stepping forward on right  
4&                        rock forward on left, recover on right  
5-6                      step back on left as you sweep right around to right, step right behind left  
&7&8                    step left to left, cross right over left, step left to left, cross right over left

## [9-16] Rock and cross, 3/4 turn, walk X2, triple step

1&2                      rock left to left, recover on right, cross left over right  
3&4                      make a 1/4 turn to left as you step back on right, make a 1/2 turn to left as you step forward on left, step forward on right  
5-6                      walk forward left, right  
7&8                      triple forward left, right, left

## [17-24] Full chase turn, back X3, coaster cross, side triple

1&2                      step forward on right, make a 1/2 turn to left stepping forward on left, make a 1/2 turn to left stepping back on right  
3&4                      walk back left right left, (this is not a shuffle)  
5&6                      step back on right, step together with left, cross right over left  
7&8                      step left to left side, step together with right, step left to left side

## [24-32] Touch steps X3, 1/4 turn triple back, 1/2 turn, walk, triple step

&1&2                    touch right next to left, step right to right, touch left to right, step left to left  
&3&4                    touch right next to left, make a 1/4 turn to left stepping back on right, bring left to right, step back on left  
5-6                      make a 1/2 turn over left stepping forward on left, step forward on right  
7&8                      shuffle forward left, right, left

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On the 2nd wall after this section walk forward for 2 counts and then pick up the last 8 counts of the dance  
On the 4th wall after this section walk around in a circle over right for 6 counts then pick up the last 8 counts of the dance

## [33-40] Cross back side, cross back forward, rocking chair, 1/2, 1/2, back X3

1&2                      cross right over left, step back on left, step together with left  
&3&                      cross right over left, step back on right, step forward on left  
4&5                      rock forward on right, recover on left, rock back on right  
&6                        recover on left, step forward on right  
7&8                      make a 1/2 turn to left stepping forward on left, make a 1/2 turn to left stepping back on right, step back left

## [41-48] Shuffle back, coaster, 1/2 turn walk around

1&2                      shuffle back right, left, right  
3&4                      step back on left, step together with right, step forward on right  
5&6&7&8                make a 1/2 turn to right as you walk around right, left, right, left

Repeat..

On the 5th wall do the last 8 counts one more time then Restart the dance.

After the 6th wall of the dance walk around in a circle over you right for 6 counts and then Restart the dance for the last wall

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