

Feel Alright (aka, Love Runs Out)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Margaret Murphy (AUS) - May 2014
音乐: Love Runs Out - OneRepublic



(Intro 32 counts)

DOROTHY STEP, DOROTHY STEP, ROCK FORWARD, REPLACE, ¾ TRIPLE STEP TO THE RIGHT

1,2& Dorothy: Step R forward, Lock L behind Right, & Step R fwd
3,4& Dorothy: Step L forward, Lock R behind Left, & Step L fwd (12.00)
5,6 Rock fwd onto R, Recover onto L
7&8 Triple step ¾ Right on the spot: Stepping RLR (9.00)

ROCK FWD, REPLACE, LEFT COASTER STEP, SIDE ROCK CROSS SHUFFLE

1,2 Rock forward onto L, Replace weight onto R
3&4 Step back on L, Step R next to L, Step fwd onto L
5,6 Rock R to Right, Recover weight onto L
7&8 Cross shuffle to the left: Stepping RLR (9.00) ##

ROCK TO LEFT, REPLACE, CROSS SHUFFLE TO R, ROCK, RECOVER, 1/2 RIGHT, 1/2 RIGHT

1,2 Rock L to Left, Recover weight onto Right
3&4 Cross shuffle to the right: Stepping LRL
5,6 Rock forward onto R, Recover weight onto L
7,8 turning ½ turn R, Step forward onto R, turning ½ turn R, Step back on L (9:00)

TURNING ½ RIGHT SKATE FWD, RIGHT, LEFT, SHUFFLE FWD, ROCK RECOVER, TOG, HEEL FWD, HOLD.

1,2, Turning ½ R, Skate forward on R, Skate forward on L (3:00)
3&4 Shuffle forward RLR
5,6 Rock forward onto L, Recover weight onto R
&7,8 (&) Step L next to R, Placing R heel forward, Hold for 1 count (3.00)

& STEP RIGHT NEXT TO LEFT ROCK FWD RECOVER, ½ TURN LEFT, ¼ TURN LEFT BEHIND-SIDE-CROSS STEP RIGHT TO SIDE, ROCK BACK LEFT

&1,2 (&) Step R back next to L, Rock forward onto L, Recover weight onto Right
3,4 turning ½ L, Step forward onto L, turning ¼ L, Step R to right side (6.00)
5&6 Step L behind R, & Step R to right side, Cross L over R
7,8 Step R to right side, Rock back onto L (weight is on Left)

REVERSE ROLL RIGHT, TRAVELLING LEFT BEHIND-SIDE-CROSS, SIDE, TOUCH.

1,2 Cross / Step R over L, turning ¼ R Step back on L (9:00)
3,4 turning ½ R Step forward on R (3:00), turning ¼ R Step L to the side (6:00)
5&6 Step R behind (&) Step L next to R, Cross / Step R over L
7,8 Step L to the side, Touch R beside L.

REPEAT

Tag on Wall 7 dance to count 16 (##) and add the following 4 counts

1,2 Step L forward, Paddle turn ¼ turn Right
3,4 Step L forward, Hold

Contact: bootsnus@dodo.com.au

