

Holding Love

COPPER KNOB
STEP SHEETS

拍数: 48 墙数: 4 级数: Intermediate waltz
编舞者: Donna Manning (USA) - May 2014
音乐: Holdin' Her - Chris Janson



No Tags Or Restarts

Sec. 1 (1-6) □ ½ of A Full Diamond – L lead

1,2,3 Step L to 1:30, Step R fwd, turn 1/8 R stepping L to L side (3:00)
4,5,6 Turn 1/8 R stepping R back (10:30), Step L back, turn 1/8 turn R stepping R to R side (6:00)

Sec.2 (7-12) □ ½ of the Diamond w/ ½ Turn on End

1, 2, 3 Step L to 7:30, Step R fwd, turn 1/8 R stepping L to L side (9:00)
4, 5, 6 Turn 1/8 R stepping back on R (4:30), Step back on L, ½ turn R stepping R fwd towards 4:30 (6:00)

Sec.3 (13-18) □ ½ Turn, ½ Turn, Step, Step, Lift

1, 2, 3 ½ turn R stepping L back. ½ turn R stepping R fwd, Step L fwd
4, 5, 6 Step R fwd (4:30), Lift L to a figure 4 (L instep to R calf) – 2 counts

Sec. 4 (19-24) □ Step - prep, Step ¼ Turn R, ½ Turn Ronde

1, 2, 3 Step L to L side into a slight lunge – L shoulder goes back- top half of body torque L
4, 5, 6 ¼ Turn R stepping R fwd (9:00), on the ball of R sweep L ½ turn R bringing L to R no weight change here (3:00)

Sec.5 (25-30) □ Step, Ronde, Step, Ronde

1, 2, 3, 4, 5, 6 Step back on L, Sweep R front to back (2 counts) – Step back on R, Sweep L front to back (2 counts) (3:00)

Sec.6 (31-36) □ Back Twinkles

1, 2, 3, 4, 5, 6 Step L back, Rock R to R side, Recover to L – Step R back, Rock L to L side, Recover to R (leave hips angled to 4:30)

Sec.7 (37-42) □ Twinkle, Cross, ¼ Turn, ¼ Turn

1, 2, 3 Step L to diagonal R (4:30), Bring R to L, Step L to diagonal (1:30)
4, 5, 6 Cross R over L, ¼ Turn R stepping L back, ¼ Turn R stepping to the side (facing 9:00)

Sec.8 (43-48) □ Repeat section 7

Ends facing the 3:00 wall and you begin dance again stepping L towards 4:30 for the diamond

EOD!!! HAVE FUN!

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