

Shaky People

拍数: 36 墙数: 4 级数: Berginner
编舞者: Vicky St. Pierre (CAN) - May 2014
音乐: Shaky People by The Houston Bernard Band



Music available - www.houstonbernard.com (available on iTunes/Spotify/CdBaby)

Intro: 24 counts from start of track (on vocals)

[1-8] □□ Out-Out, ¼ left R Coaster, Out-Out, L Coaster

1 2 (1) Step R out to right fwd diagonal, (2) Step L out to left fwd diagonal
3 & 4 (3) Step R Back, (&) ¼ left Stepping L together, (4) Step R fwd
5 6 (5) Step L out to left fwd diagonal, (6) Step R out to right fwd diagonal
7 & 8 (7) Step L Back, (&) Step R together, (8) Step L fwd

[9-16] Step R, ¼ left Step L, ¼ left Shuffle RLR, ½ Pivot, ¼ Pivot

1 2 (1) Step R fwd (prep upper body to turn left), (2) ¼ left stepping L to side
3 & 4 (3) ¼ left stepping R fwd, (&) Step L together, (4) Step R fwd
5 6 (5) Step L fwd, (6) Pivot ½ right stepping R in place
7 8 (7) Step L fwd, (8) Pivot ¼ right stepping R to side

[17-24] Cross, Kick, Syncopated Weave, Step, Touch, Step, Out-Out LR

1 2 (1) Cross L over R, (2) Kick R to right,
& 3 & 4 (&) Step R behind, (3) Step L to side, (&) Step R across left, (4) Step L to side
5 6 (5) Touch R behind left, (6) Step R to right side
7 8 (7) Step L out to left side, (8) Step R out to right side

[25-32] ¼ Step L, Step R, ¾ Ball-Step-Ball, Step-Heel, Step-Cross, Step-Heel, Step-Touch, Step

1 2 (1) ¼ right stepping L fwd, (2) Step R fwd
3 & 4 (3) ¼ left stepping on L ball, (&) ¼ left recover on R, (4) ¼ left stepping on L ball,
& 5 & 6 (&) Step R in place, (5) Touch L heel, (&) Step L in place, (6) Cross R over left
& 7 & 8 (&) Step L to side, (7) Touch R heel, (&) Step R in place, (8) Cross L over right

[33-36] ¼ Rock R, ½ Recover L, Jazz Box

1 2 (1) ¼ right rocking R fwd, (2) ½ left stepping fwd on L
& 3 & 4 (&) Cross R over left, (3) Step L back, (&) Step R together, (4) Step L fwd