

Aw Naw

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Sue Smyth (UK) - May 2014
音乐: Aw Naw - Chris Young : (CD: Am)



16 Count Intro

Sec 1: □Side Drag, Behind Side Cross Side, Left Sailor, Right Sailor ¼ Turn

1-2 Step R To R Side, Drag Left Beside R
&3&4 Step Left Behind R, Step R To R Side, Cross Left Over R, Step R To R Side
5&6 Step L Behind R, Step R To R Side, Step L To L Side
7&8 Step R Behind L, Step L To Left Side, ¼ Turn R Stepping Fwd On R

Sec 2: □Point Point Cross And Heel, Point Point Cross And Heel

1-2 Point L Foot Diagonally Fwd Over R, Point L Foot Diagonally Back
3&4& Cross L Over R, Step R To R Side, Left Heel To L Diag , Step Weight Back On L
5-6 Point R Foot Diagonally Fwd Over L, Point R Foot Diagonally Back
7&8& Cross R Over L, Step L To L Side, R Heel To R Diag, Step Weight On R

Sec 3: □Cross ½ Unwind, Right Shuffle Fwd, Left Shuffle Fwd, Jump Out Out, In In

1-2 Cross L Over R, Unwind ½ Turn To R, Hitching Right Leg Up(Keeping Weight On Left)
3&4 Shuffle Fwd On R L R
5&6 Shuffle Fwd On L R L
&7&8 Jump Out Out On Right And Left, Jump In In On Right And Left, (Weight Now On Left)

Sec 4: □Scuff Hitch Stomp , Touch And Heel And, Rock Fwd Left Rec, Left Coaster Step

1&2 Scuff R Foot Fwd, Hitch Right Leg Up, Stomp Right Foot Infront Of Left
3&4& Touch Left Toe Behind Right, Step Back On Left, Heel Dig Right Fwd, Step Right Beside Left
5-6 Rock Fwd On Left, Recover On Right
7&8 Step Back On Left, Step Right Beside Left, Step Fwd On Left

Sec 5: □Step On Right Pivot ½ Turn L, Shuffle ½ Turn L, ½ Toe Turn Strut Left, Right Shuffle Fwd

1-2 Step Fwd On R Pivot ½ Turn Left, Weight On Left
3&4 Shuffle ½ Turn Left On R L R,
5-6 Put Left Toe Back Turn ½ Turn Left, Replacing Weight On Left
7&8 Right Shuffle Fwd On R L R

Sec 6: □Step Pivot ¼ Turn, Cross Shuffle, Toe Switches, Heel Digs

1-2 Step Fwd On Left, Pivot ¼ Turn Right, (Weight On Right)
3&4 Cross Left Over Right, Step Right To Right Side, Cross Left Over Right
5&6& Point R To Right Side, Step Right Beside Left, Point Left To Left Side, Step Left Beside Right
7&8& Dig Right Heel Fwd, Step Right Beside Left, Dig Left Heel Fwd, Step Left Beside Right

Ending You Will Be Facing 3 O'clock On Sec 3 Cross Unwind Slowly ¾ To Face The Front

Contact: boogiesas@yahoo.co.uk