

Wu shi yi zhi huamei niao

COPPERKNOB
STEPSHEETS

拍数: 80 墙数: 2 级数: High Beginner
编舞者: Tina Chen Sue-Huei (TW) - May 2014
音乐: Wu Shi Yi Zhi Hua Mei Niao (我是一只画眉鸟)



Start dance after 32 counts.

SEQ: 80/80/64 (Wall 3)/80/80/64 (Wall 6)/80/ends dance S I, S II, and S III,

S I. Kicks, Side Shuffle, Rock Back Recover

1-4 Kick R leg out, back across L shin, kick out, kick back
5&6 Side R shuffle on RLR
7-8 Rock L back, recover on R

S II. Turn Shuffles, Rock Recover, Side Shuffle,

1&2 ¼ Turn R, back shuffle on LRL3.00
3&4 ¼ Turn R shuffle on RLR6.00
5-6 Rock L fwd, recover on R
7&8 Side L shuffle on LRL

S III. & S IV.

Repeat steps in S I. & S II.ends facing 12.00

S V. Walk Fwd, Basic Shuffle Steps

1-2 Walk fwd on RL
3&4 Fwd shuffle on RLR
5-6 Rock L fwd, recover on R
7&8 Back shuffle on LRL

S VI. Diagonal Jump Backs, Coaster Step, Pivot, Cross Shuffle

1-2 Jump diagonally R back touch on L beside, jump diagonally L back touch on R beside
3&4 Back coaster step on RLR
5-6 Step L fwd, pivot ¼ turn R weight ends on R
7&8 Cross shuffle on LRL

S VII. Side Together, Side Shuffle, Jazz box Cross

1-2 Side step R, step L beside R
3&4 R side shuffle on RLR
5-8 Cross L over R, step R back, side step L, cross R over L

S VIII. Side Together, Side Shuffle, Jazz Box Turn

1-2 Side step L, step R beside L
3&4 L side shuffle on LRL
5-8 Cross R over L, ¼ turn step L back, side step R, cross L over R

S IX. Side Together, Side Shuffle, Jazz box Cross

1-2 Side step R, step L beside R
3&4 R side shuffle on RLR
5-8 Cross L over R, step R back, side step L, cross R over L

S X. Side Together, Side Shuffle, Jazz box Cross

1-2 Side step L, step R beside L
3&4 L side shuffle on LRL
5-8 Cross R over L, step L back, side step R, cross L over R

Start again. - Happy Dancing!

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