

# #Work

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Jo Kinser (UK), John Kinser (UK), Ruben Luna (USA) & Sobrielo Philip Gene  
(SG) - June 2014  
音乐: Work Work - Britney Spears : (Single - iTunes)



Start the dance 32 counts in (0.15).

## [1-8] □ Step Out, Sailor 1/4 Turn, Step, Together, Jazz Jump X2

1,2            Step Rt fwd, Step Lt to Lt (feet apart)  
3&4           Step Rt back making 1/4 turn Rt (3:00), Step Lt in place, Step Rt fwd  
5,6           Step Lt fwd, Step Rt next to Lt  
7,8           Jazz Jump twice to the Lt on both feet

## [9-16] □ Walk Fwd, Toe Strut 1/2 Turn, Toe Strut 1/2 Turn, Rock Hitch

1-2           Step Rt fwd, Step Lt fwd  
3-4           Touch Rt toe fwd, Make 1/2 turn Lt putting the weight down on the Rt heel (9:00)  
5-6           Touch Lt toe back, Make 1/2 turn Lt putting the weight down on the Lt heel (3:00)  
7,8           Rock Rt fwd, Recover weight Lt Hitching Rt knee

(Easy Option: Walk fwd, Rt Toe Strut Fwd, Lt Toe Strut Fwd, Rock Hitch).

## [17-24] □ Back, Lock, Back, 1/4 Turn, Jazz Box with Cross

1,2           Step Rt back, Lock Lt in front of Rt  
3,4           Step Rt back, Make 1/4 turn Lt stepping Lt to Lt (12:00)  
5,6           Cross Rt over Lt, Step Lt back  
7,8           Step Rt to Rt, Cross Lt over Rt

## [25-32] □ Point, Touch, Point Touch Point, Heel Switches, Step 1/4 Turn Lt

1,2           Point Rt to Rt, Touch Rt beside Lt  
3&4           Point Rt to Rt, Touch Rt beside Lt, point Rt to Rt side  
5&6&          Touch Rt heel fwd, Step Rt beside Lt, Touch Lt Heel Fwd, Step Lt beside Rt  
7,8           Step Rt fwd, Make 1/4 turn Lt (weight Lt) (9:00)

## [33-40] □ Cross, Side, Sailor Step, Cross, Side, Sailor 1/4 Turn

1,2           Cross Rt over Lt, Step Lt to Lt  
3&4           Step Rt back, Step Lt to Lt, Step Rt to Rt  
5,6           Cross Lt over Rt, Step Rt to Rt  
7&8           Step Lt back, Make 1/4 turn Lt stepping Rt fwd (weight Lt) (6:00), Step Lt fwd

## [41-48] □ Step 1/2 Turn, Paddle 1/2 Turn, Cross, Side, Behind, Side, Cross

1,2           Step Rt fwd, Make 1/2 turn Lt (Weight Lt) (12:00)  
3,4           Pivot on Lt foot 1/4 turn Lt touching Rt to Rt (9:00), Rpt (6:00)  
5,6           Cross Rt over Lt, Step Lt to Lt  
7&8           Step Rt behind Lt, Step Lt to Lt, Cross Rt over Lt (6.00)

## [49-56] □ Side Rock Step, Side Rock, Crossing Shuffle, Side Rock

1,2&          Rock Lt to Lt, Recover weight Rt, Step Lt beside Rt  
3,4           Rock Rt to Rt, Recover weight Lt  
5&6          Cross Rt over Lt, step Lt to Lt, Cross Rt over Lt  
7,8           Rock Lt to Lt, Recover weight Rt

## [57-64] □ Cross-Back Kick X2, Walk Back Lt Rt, Coaster Step

1-2           Step Lt behind Rt while bending Lt knee, Kick Rt diagonally Rt

3-4 Step Rt behind Lt while bending Rt knee, Kick Lt diagonally Lt  
5-6 Step Lt back, step Rt back  
7&8 Step Lt back, step Rt next to Lt, step Lt fwd

**TAG: happens after the 5th wall, facing 6:00. Bring hands up at respective sides 4 counts and down 4 counts.**

**Ending: Step Rt forward and pivot 1/2 left to face the front wall.**

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