

Heart Of Hearts

拍数: 32 墙数: 4 级数: Newcomer
编舞者: Tjwan Oei (NL) - May 2014
音乐: Heart of Hearts - Don Williams



Start the dance after 16 counts

#01: □ Side step – Rock back – Recover – Chasse with ¼ turn right – Step fwd. – Pivot ½ turn right – Shuffle fwd.

1-2-3 Lf. step to the left side – Rf. rock back – Recover weight onto Lf.
4 & 5 Rf. step to the right side – Lf. step together – Rf. step ¼ turn right forward
6 - 7 Lf. step forward – Rf. / Lf. step ½ turn right
8 & 1 Lf. step forward – Rf. lock behind Lf. – Lf. step forward

#02: □ Rock fwd. – Recover – Triple ½ turn right – Rock fwd. – Recover – Coaster step

2 – 3 Rf. rock forward – Recover weight onto Lf.
4 & 5 Rf. step ½ turn right – Lf. step together – Rf. step beside Lf.
6 - 7 LF. step forward – Recover weight onto Rf.
8 & 1 Lf. step back – Rf. step together – Lf. step forward

#03: □ Cross over – Step back – Shuffle back – Rock back – Recover – Shuffle fwd.

2 – 3 Rf. cross over Lf. – Lf. step back -
4 & 5 Rf. step back – Lf. lock on front of Rf. – Rf. step back
6 – 7 Lf. rock back – Recover weight onto Rf.
8 & 1 Lf. step forward – Rf. step behind Lf. – Lf. step forward

#04: □ Rock fwd. diagonally – Recover – Right chasse – Rock fwd. diagonally – Left chasse

2 – 3 Rf. step diagonally left forward – Recover weight onto Lf .
4 & 5 Rf. step to the right – Lf. step together – Rf. step to the right
6 - 7 Lf. step diagonally right forward – Recover weight onto Rf.
8 & 1 Lf. step to the left – Rf. step together – Lf. step to the left

Start again ,.....

Happy dancingVeel dansplezier

Contact: H.Oei@kpnplanet.nl