

Nossa Nossa

拍数: 48 墙数: 4 级数: Easy Intermediate (slow Samba)
编舞者: Janice Khoo (MY) - May 2014
音乐: Ai Se Eu Te Pego - Daniel Lopes : (+8%)



(Alternative music : Ai se eu te pego by Michel Telo)

Note : 2 Restarts at 2nd & 4th wall (Dance up till 32 counts).
Seq: 48, 32, 48, 32, 48, 48

Intro. Start on word 'NOSSA'

(1-8) R forward mambo, L back mambo, R forward shuffle, L forward shuffle

1&2 Rock R forward, shift weight back to L, step R beside L
3&4 Rock L back, shift weight back to R, step L beside R
5&6 Step R forward, step L beside R, step R forward
7&8 Step L forward, step R beside L, step L forward (12:00)

(9-16) Pivot ½ turn, R forward shuffle, ½ turn, step back, coaster step

1,2 Step R forward, ½ turn L
3&4 Step R forward, step L beside R, step R forward
5,6 Step L forward with a ¼ turn R, step right back to complete the ½ turn
7&8 Step L back, step R next to L, Step L forward (12:00)

(17-24) R side rock cross, L side rock cross, 1/2 turn R cross shuffle, ½ turn L cross shuffle

1&2 Rock R to R, replace on L, cross R over L
3&4 Rock L to L, replace on R, cross L over R
5&6 ½ turn R crossing R over L, step L behind R, cross R over L (6:00)
7&8 ½ turn L crossing L over R, step R behind L, cross L over R (12:00)

(25-32) Side close, side shuffle, flick, syncopated jazz box ¼ turn

1,2 Step R to R, step L beside R
3&4& Step R to R, step L beside R, step to R, flick L
5,6 Cross L over R, 1/8 turn L stepping R back
7&8 Step L to L turning 1/8 L, Step R next to L, step L forward □(9:00)

(33-40) Cross samba (3x), triple step ½ turn

1&2 Cross R over L, step L diagonally back, step R in place
3&4 Cross L over R, step R diagonally back, step L in place
5&6 Cross R over L, step L diagonally back, step R in place
7&8 ½ turn L, stepping LRL in place (3:00)

(41-48) Cuban break, Step forward, ½ turn , forward cha cha

1&2 Cross R over L, step L in place, big step R to R
3&4 Cross L over R, step R in place, step L next to R
&5,6& Step R forward, ½ turn L, keeping weight on R, (optional - hitch/flick L)
7&8 Step L forward, step R behind L, Step L forward (9:00)

ENDING : make a sharp ½ turn R on the last strong beat (to face 12:00)

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