

Saideira

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Saideira (feat. Samuel Rosa) - Santana



Start after 64 counts (fast beat)

[1 – 8] R Rocking Chair, (R Step Fwd. ¼ Turn L)x2

1 – 4 R rock fwd., recover to L, r rock back, recover to L
5 – 8 (R step fwd., ¼ turn L recovering to L)x2

[9 – 16] Weave L, R Cross Rock, Recover, ¼ Turn R, Hold

1 – 4 Step R across L, step L to side, step R behind L, step L to side
5 – 6 Rock R across L, recover to L
7 – 8 ¼ turn R stepping R fwd., hold

[17 – 24] Full Turn R, L Step Fwd., Hold, R Step Fwd., ½ Pivot Turn L, L Step Fwd. Hold

1 – 2 ½ turn R stepping L back, ½ turn R stepping R fwd.
3 – 4 Step L fwd., hold
5 – 8 Step R fwd., ½ turn L recovering to L, step R fwd., hold

[25 – 32] Run L-R-L, R Brush, R Mambo Step, Recover, R Step Back, L Low Kick

1 – 4 Walk L-R-L fwd., brush R fwd.
5 – 6 R rock fwd., recover to L
7 – 8 R step back, L low kick fwd.

[33 – 40] L Step Back, R Point Across, R Step Back, L Point Across, L Step Back, R Point Across, R Step Back, L Heel Brush

1 – 6 Step L back, point R across L, step R back, point L across R, step L back, point R across L
7 – 8 Step R back, L heel brush fwd.

[41 – 48] L Side Step, R Heel Brush, R Side Step, L Heel Brush, L Side Step, R Heel Brush, R Side Step, L Brush

1 – 6 Step L to side, R heel brush fwd., step R to side, L heel brush fwd., step L to side, R heel brush fwd.
7 – 8 Step R to side, L brush fwd.

[49 – 56] L Step Across., 1/8 Turn R, L Step Fwd. ¼ Turn R, L Step Across, R Step Back, L Side Step, Hold

1 – 2 Step L across R, 1/8 turn R recovering to R
3 – 4 Step L fwd., ¼ turn R, recovering to R
5 – 8 Step L across R, step R back, step L to side, hold

[57 – 64] R Step Across, L Step Back, R Side Step, L Brush, Step Lock Step L-R-L, R Brush

1 – 4 Step R across, step L back, step R to side, L brush fwd.
5 – 8 Lock step L-R-L, R brush fwd.

Begin again and have fun!

Tag+Restart:

Dance wall 5 [03:00] up to count 40 and add:

L Side Step, R Touch, R Side Step, Together

1 – 2 Step L to side, R touch next to L
3 – 4 Step R to side, step L next to R

Begin again!

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