

Fallen

COPPER KNOB
BY STEPHEN METZ

拍数: 32

墙数: 4

级数: Intermediate - Non-Country Cha
Cha



编舞者: Imma Grobbelaar - May 2014

音乐: Fallen - Lauren Wood

Intro: 32 Beats

[1 - 8] ROCK FORWARD R; BACK LOCK BACK R; POINT BACK L; HALF-TURN LEFT; LEFT COASTER STEP

- 1,2 Rock forward with Right foot(1); recover on Left Foot (2)
3 & 4 Step back on Right Foot (3); Lock Left Foot over Right Foot (&); Step back on Right Foot (4)
5,6 Point Left Foot to Back with weight being on the Right Foot (5); Make a half Left Turn with weight being on your Right Foot(6) now facing your 6 'o clock wall
7&8 Left Foot Coaster Step (Step back on Left (7) Step Right next to Left (&) Step forward on Left

[9 - 16] ROCK SIDE R; TRIPLE STEP; STEP FORWARD LEFT; HALF PIVOT TURN RIGHT; STEP L TO LEFT; TOUCH RIGHT TO L

- 1,2 Rock Right foot to right side(1) ; Recover weight on Left Foot (2)
3&4 Triple Step (Right (3) Left (&) Right (4)) on the spot
5,6 (Half Pivot Turn Right (2 counts) Step Forward on Left Foot (5) keeping weight on ball of Right Foot make a half turn over your right shoulder so that you end up with your weight on your right foot facing the wall that was behind you (6)
7,8 Step with your Left Foot to the left side(7); and touch your Right foot to the Left foot (8)

[17 - 24] ROCK RIGHT FOOT BACK; TRIPLE STEP TO R; STEP DIAGONAL (1.30) WITH LEFT; QUARTER PIVOT TO LEFT (9 'O CLOCK); BACK LOCK BACK L

- 1,2 Rock back with your Right Foot(1); and recover weight onto the Left Foot(2)
3&4 Triple Step to Right (Right(3) Left(&) Right(4))
5,6 Step with your Left Foot to the Diagonal wall (1:30)(5) and swivelling on the Left Foot make a quarter pivot turn so that you are now facing the 9 'o clock wall and place the weight on the Right foot(6)
7&8 step back on Left Foot (7); Lock Right Foot over Left(&) step back on Left Foot(8)

[25 - 32] STEP BACK R NEXT TO L; STEP LEFT FOOT FORWARD; LOCK FORWARD R; L CROSS OVER R; FULL UNWIND; TRIPLE STEP L

- 1,2 Step Right Foot back next to Left Foot(1)); Step Left Foot forward (2)
3&4 Lock Steps Forward (3counts) step forward on Right Foot(3) Step Left Foot behind Right Foot(&) Step forward on Right Foot(4)
5,6 Cross Full turn Unwind (2counts) Cross Left Foot (Toe) in front of Right Foot (5) unwind on the balls of the feet to take weight onto the Right foot (6)
7&8 Triple Step (3counts) step Left to Left side(7) Step Right next to left (&) Step Left to Left side(8)

Small Tag Ending Wall 6 (And Just Before Starting Wall 7) After Full Unwind And Triple Step To Left – Touch Right Foot Next To Left Foot For A Small Hold Of 4 Counts – And Then Restart

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