

# Hold The Love

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Mary Frances Chua (MY) - May 2014  
音乐: Cannot Hold The Love – Loong May Ze



**INTRO: 16 count ( approx. 9 sec. )... start dance on music (without vocal)**

**S1: □ Forward Step Touch, Back Step Touch, Cross Rocks**

1-4            Step R fwd, L touch to left side, Step L back, R touch to right side  
5&6            Cross R over L, recover on L, rock back R  
7&8            Cross L over R, recover on R, rock back L

**S2: □ Walk, Walk, Double Hip Bumps**

1-2            Walk fwd R-L  
3&4            Step R to side (weight on R) bump R hip out, in, out  
5-6            Walk back L-R  
7&8            Step L to side (weight on L) bump L hip out, in, out

**S3: □ Basic Cha Cha**

1 2            Rock R step fwd, recover on L  
3&4            Back cha cha R-L-R  
5 6            Rock L step back, recover on R  
7&8            Fwd cha cha L-R-L

**S4: □ Half Left Turn Sway, Quarter Left Turn Sway, Twice Kick Ball Change**

1-4            R fwd sway, left ½ turn [6] L sway, R fwd sway, left ¼ turn [3] L sway  
5&6            R fwd kick, R ball step, L fwd step  
7&8            R fwd kick, R ball step, L fwd step

**TAG: □ End of Wall 8 facing 12.00 – repeat Sections 3 and 4**

**Restart dance facing 3.00**

**ENDING: Right step forward and pose nicely at the end of dance**

**CONTACT:-**

maryfrances.ccrmmcc@gmail.com  
<http://maryfrancesbb88.wordpress.com/>  
<http://www.youtube.com/user/mfchuabb>