

Hula Hula Hawaii

COPPER KNOB
BY STEPHEN

拍数: 96
编舞者: Cara Tan (MY) - May 2014
音乐: Hawaiian Folk Music

墙数: 1

级数: Phrased Improver



Dance sequence : ABC,ABC,A(28),end

Start the dance after 16 counts

Note : □ bump hips to the right when step on R foot and bump hips to the left when step on L foot. Please refer video demo for optional hand styling.

PART A (32 counts)

Section 1: Side, together, side, touch

1-4 step R to right side, step L together, step R to right side, touch L together
5-8 step L to left side, step R together, step L to left side, touch R together

Section 2: (Repeat section 1)

Section 3: 1/8 turn left side, together, side, touch, 1/4 turn right side, together, side, touch

1-4 make a 1/8 turn left (face 10:30) step R to right side, step L together, step R to right side, touch L together
5-8 make a 1/4 turn right (face 1:30) step L to left side, step R together, step L to left side, touch R together

Section 4: Step R, L, R, L (x2)

1-4 step R together, step L together, step R together, step L together
5-8 repeat above steps (weight ends on L)

PART B (32 counts)

Section 1: 1/4 turn left, side together side touch x 2

1-4 make a 1/4 turn left (face 10.30) step R to right side, step L together, step R to right side, touch L together (swing both hands right up)
5-8 step L to left side, step R together, step L to left side, touch R together (swing both hands left down)

Section 2: Step R,L and making 3/8 turn left to face 6:00

1-2 step R next to L, and step L together
3-4 make a 1/8 turn left (face 9:00) step R next to L, and step L together
5-6 make a 1/8 turn left (face 7:30) step R next to L, and step L together
7-8 make a 1/8 turn left (face 6:00) step R next to L, and step L together

Section 3: repeat section 1 at (6:00)

1-4 make a 1/8 turn left (face 4:30) step R to right side, step L together, step R to right side, touch L together (swing both hands right up)
5-8 step L to left side, step R together, step L to left side, touch R together (swing both hands left down)

Section 4: Repeat section 2 at (4:30)

1-2 step R next to L, and step L together
3-4 make a 1/8 turn left (face 3:00) step R next to L, and step L together
5-6 make a 1/8 turn left (face 1:30) step R next to L, and step L together
7-8 make a 1/8 turn left (face 12:00) step R next to L, and step L together

PART C (32 counts)

Section 1: ¼ turn left R recover, ½ turn right side touch, R recover, ½ turn left side touch

- 1-2 make a ¼ turn left (face 9:00) step R to right side, recover onto L
3-4 make a ½ turn right (face 3:00) step R to right side, touch L together
5-6 step L to left side, recover onto R
7-8 make a ½ turn left (face 9:00) step L to left side, touch R together

Section 2: ½ turn right with right rolling vine, left rolling vine

- 1-2 make a ½ turn right (face 3:00) step R forward, make another ½ turn right (face 9:00) step L back
3-4 make a ¼ turn right (face 12:00) step R to right side, touch L together
5-6 make a ¼ turn left step L forward (face 9:00), make another ½ turn left (face 3:00) step R back
7-8 make a ¼ turn left (face 12:00) step L to left side, touch R together

Section 3: Step together RL,RL,RL,RL

- 1-8 step R next to L (4 x), weight ends on left

Section 4: Full turn left while step together RL,RL,RL,RL with hip rolls

- 1-2 make a ¼ turn L (face 9:00) step R next to L, step L together (roll hips counter clockwise)
3-4 make a ¼ turn L (face 6:00) step R next to L, step L together (roll hips)
5-6 make a ¼ turn L (face 3:00) step R next to L, step L together (roll hips)
7-8 make a ¼ turn L (face 12:00) step R next to L, step L together (roll hips)

End: On Part A, do only 4 count for section 4 (face 1:30), then continue with:

- 5-6 step R to right side, hold
7-8 touch L backward and turn body to face 12:00

Happy dancing !

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