

# Medicine

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Magali CHABRET (FR) - May 2014  
音乐: Medicine (feat. Blake Shelton) - Shakira : (CD: Shakira, Deluxe Version)



## 32 counts intro

### Section 1 – SIDE, TOGETHER, R SHUFFLE FWD, PIVOT ½ TURN, L ROCK FWD, RECOVER

1-2            Step right to side – step left beside right  
3&4           Step right forward – step left beside right – step right forward  
5-6           Step left forward – pivot 1/2 turn right (6:00)  
7-8           Rock forward on left – recover onto right

### Section 2 – L ROLLING VINE, POINT, ¼ TURN R, CROSS, SWEEP OUT, L CROSS SHUFFLE

1-2-3           1/4 turn left stepping left forward - 1/4 turn left stepping right to side – 1/2 turn left stepping left beside right (6:00)  
4-5-6           Point right to side – 1/4 turn right & cross right over left – Sweep left from back to front (9:00)  
7&8           Cross left over right – step right to side – cross left over right

### Section 3 – R ROCK, RECOVER, BEHIND SIDE CROSS, L ROCK, RECOVER, L COASTER STEP

1-2            Rock right diagonally right forward – recover onto left  
3&4           Cross right behind left – step left to side – cross right over left  
5-6           Rock forward on left – recover onto right  
7&8           Step back on ball of left – step ball of right next to left – step left forward

### Section 4 – PIVOT ½ TURN, R TOE STRUT FWD, ½ TURN R, L TOE STRUT BACK, ½ TURN R, R SHUFFLE FWD

1-2            Step right forward – pivot 1/2 turn left (3:00)  
3-6            Right Toe Strut forward (3-4) – 1/2 turn right making a left Toe Strut backward (5-6) (9:00)  
7&8           1/2 turn right stepping right forward – step left next to right – step right forward (3:00)

### Section 5 – L ROCKING CHAIR, STEP, LOCK, STEP, LOCK, STEP

1-4            Rock forward on left – recover onto right – rock back on left – recover onto right  
5-6           Step left forward – lock right behind left  
7&8           Step left forward – lock right behind left – step left forward

### Section 6 – R SCISSOR STEP, ¼ TURN R, ¼ TURN R, L SHUFFLE FWD, STEP

1-2-3           Step right to side – step left next to right – cross right over left  
4-5           1/4 turn right stepping back on left – 1/4 turn right stepping right forward (9:00)  
6&7           Step left forward – step right beside left – step left forward  
8            Step right forward

### Section 7 – STEP, ANCHOR STEP, ½ TURN L, PIVOT ½ TURN, SWAY R-L

1            Step left forward  
2&3           Cross right behind left (5th position) – step left in place – step right in place  
4-5-6           1/2 turn left stepping left forward – step right forward – pivot 1/2 turn left (9:00)  
7-8           Step right to side with a sway to right – recover onto left with a sway to left

### Section 8 – CROSS, SIDE, R SAILOR STEP, CROSS, SIDE, BEHIND SIDE CROSS

1-2            Cross right over left – step left to side  
3&4           Cross ball of right behind left – step ball of left to side – step right to side  
5-6           Cross left over right – step right to side  
7&8           Cross left behind right – step right to side – cross left over right (9:00)

**RESTARTS :**

- during the 2nd wall, after 24 counts (Section 3), face to 6:00
- during the 4th wall, after 56 counts (Section 7), face to 12:00

Original Stepsheet of the choreographer - [galicountry76@yahoo.fr](mailto:galicountry76@yahoo.fr)

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