

Shaking The Room

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Newcomer / Novice
编舞者: Helen Woods (USA) - May 2014
音乐: Shake the Room - Gamu : (CD: Shake The Room / iTunes and Amazon)



16 count intro

SIDE TOE STRUT, CROSSING TOE STRUT, SIDE ROCK, RECOVER, CROSS, HOLD

1-2 Step ball of right to right side facing right diagonal, drop right heel
3-4 Step ball of left across right facing right diagonal, drop left heel
5-8 Rock right to right side, recover to left, cross right over left, hold

SIDE TOE STRUT, CROSSING TOE STRUT, SIDE ROCK, RECOVER, CROSS, HOLD

1-2 Step ball of left to left side facing left diagonal, drop left heel
3-4 Step ball of right across left facing left diagonal, drop right heel
5-8 Rock left to left side, recover to right, cross left over right, hold

TRIPLE STEP, TRIPLE STEP, TRIPLE STEP, TRIPLE STEP

1&2 Turn to right diagonal and triple step in place
3&4 Turn to left diagonal and triple step in place
5&6 Turn to right diagonal and triple step in place
7&8 Turn to left diagonal and triple step in place

STEP, KICK, STEP, TOUCH, STEP, PIVOT, STEP, STEP

1-4 Step right forward, kick left forward, step left back, touch right toe back
5-8 Step right forward, pivot ½ left with weight to left, step right forward, step left forward

REPEAT

TAG - End of walls 3, 6, 7, 8, 9, 10

SIDE STEP, HOLD, STEP TOGETHER, HOLD, SIDE STEP, HOLD, STEP TOGETHER, HOLD

1-2 Step right to right side, hold and shimmy
3-4 Step left beside right with clap, hold with clap
5-6 Step right to right side, hold and shimmy
7-8 Step left beside right with clap, hold with clap

SIDE STEP, HOLD, STEP TOGETHER, HOLD, SIDE STEP, HOLD, STEP TOGETHER, HOLD

1-2 Step left to left side, hold and shimmy
3-4 Step right beside left with clap, hold with clap
5-6 Step left to left side, hold and shimmy
7-8 Step right beside left with clap, hold with clap

Contact: aquafool@aol.com