

# C'mon C'mon

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Michael Metzger (USA) - May 2014  
音乐: San Francisco - The Mowgli's



Alt. music:-

“American Kids” by Kenny Chesney,

“Life is Better With You” by Michael Franti

## Heel, Together, Heel, Together, Rocking Chair

1, 2      Touch R heel forward, Step R next to L  
3, 4      Touch L heel forward, Step L next to R  
5, 6      Rock forward on R, Recover to L  
7, 8      Rock back on R, Recover to L

## Step, Touch, Step, Touch with 1/8 Turn, Step, Touch with 1/8 Turn, Step, Kick (or Scuff)

1, 2      Step R to right, Touch L next to R and clap  
3, 4      Turn 1/8 to the right and Step L to left, Touch R next to L and clap (1:30)  
5, 6      Turn 1/8 to the right and Step R to right, Touch L next to R and clap (3:00)  
7, 8      Step L to left, Kick (or scuff) R forward

## Half Time Jazz Box with 1/4 Turn

1, 2      Cross R over left, hold  
3, 4      Turn 1/4 right and step L back, hold (6:00)  
5, 6      Step R to right, hold  
7, 8      Step L forward, hold

## Half Time Jazz Box with 1/4 Turn

1, 2      Cross R over left, hold  
3, 4      Turn 1/4 right and step L back, hold (9:00)  
5, 6      Step R to right, hold  
7, 8      Step L forward, hold

## Rock, Recover, Heel Strut, Rock, Recover, Heel Strut

1, 2      Rock forward on R, Recover to L  
3, 4      Touch R heel forward, Step down onto R  
5, 6      Rock forward on L, Recover to R  
7, 8      Touch L heel forward, Step down onto L

## Rock, Recover, Heel Strut, Rock, Recover, 1/4 Turn with Step to Side, Hold

1, 2      Rock forward on R, Recover to L  
3, 4      Touch R heel forward, Step down onto R  
5, 6      Rock forward on L, Recover to R  
7, 8      Turn 1/4 left and step L to side, Hold (6:00)

## Half Time Turning Jazz Box (with 3/4 Turn)

1, 2      Cross R over L, hold  
3, 4      Turn 1/4 right and step L back, hold (9:00)  
5, 6      Turn 1/4 right and step R to the side, hold (12:00)  
7, 8      Turn 1/4 right and cross L over R, hold (3:00)

## Extended Weave to Right with 1/4 Turn at End

1, 2      Step R to side, Cross L behind R

- 3, 4            Step R to side, Cross L over R
- 5, 6            Step R to side, Cross L behind R
- 7, 8            Turn  $\frac{1}{4}$  right and step R forward, Step L next to R

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