

# Calm

拍数: 48      墙数: 2      级数: Improver  
编舞者: Uschi Thiele - May 2014  
音乐: Calm After the Storm - The Common Linnets : (NL - Eurovision 2014)



## Point , Point, Sailor Step , Point , Point Sailor Step

1-2      Right toe in front, right toe ride side,  
3&4      Cross right behind left ,Step left to left side, Step right to place  
5-6      Left toe in front, left toe left side  
7&8      Cross left behind right side, Step right to right side, Step left to place

## Cross Rock, Chassé, Weave ( right side )

1-2      Cross rock forward on right , rock back onto left  
3&4      Step right to right side, Close left beside right, Step Right to right side  
5-8      Cross left over right , Step right to right side, Cross left behind right, Step right to right side

## Cross Rock, Chassé, Weave ( left side )

1-2      Cross rock forward on left, rock back onto right,  
3&4      Step left to left side, Close, right beside left, Step left to left side  
5-8      Cross right over left, Step left to left side, Cross right behind left, Step left to left side

## Rock Forward , ½ Triple Turn, Rock Forward ½ Triple Turn

1-2      Rock forward on right , rock back onto left  
3&4      Triple step ½ turn right, Stepping right left right  
5-6      Rock Forward on left, rock back onto right,  
7&8      triple step ½ Turn left stepping left, right, left

## Heel Switches, Rock Forward Triple ½ Turn right

1&2&      Touch right heel forward, Step right beside left, Touch left heel forward,  
3&4      Step left beside right , Step right forward, Step right beside left, Step left back onto place  
5-6      Rock forward on right , Rock back onto left,  
7&8      triple step ½ turn right Stepping right -left – right on place

## Rock Forward, Coaster Step, Step ½ Turn left, Step ½ Turn Left

1-2      Rock Forward on left, Rock back onto right,  
3&4      Step back left, Step right beside left, Step forward left  
5-8      Step forward right pivot ½ Turn ( on both balls, feet changing weight and do not leave floor )  
Step forward right , pivot 1/s Turn

Have Fun !

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