

My Girl

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Upper Beginner
编舞者: Pauline Greenwood (AUS) - April 2014
音乐: My Girl - The Temptations : (Album: Motown Classics Gold - 2:56)



Position: Feet Together Weight On Left Foot.

Dance Starts From Strong Beat, 8 Count Intro (10 Secs) I've Got Sunshine

[1 - 8] TOUCH SIDE, TOUCH FORWARD, TOUCH SIDE, QUARTER TOGETHER, ROCKING CHAIR.

1 2 Touch R toe to R side, Touch R toe forward,
3 4 Touch R toe to R side, Turn 1/4R stepping R beside L, (3.00)
5 6 Step L forward, Rock weight back on R,
7 8 Step L back, Rock weight forward onto R.

[9 - 16] SIDE, TOUCH TOGETHER, SIDE, QUARTER HOOK, LOCK STEP, SCUFF.

1 2 Step L to L side, Touch R beside L,
3 4 Step R to R side, Turn 1/4L hooking L knee across R shin, (12.00)
5 6 Step L forward, Lock step R behind L,
7 8 Step L forward, Scuff R forward.

[17 - 24] PADDLE TURN QUARTER, CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE.

1 2 Step R forward, Paddle turn 1/4L, (9.00)
3 4 Step R across L, Step L to L side,
5 6 Step R behind L, Step L to L side,
7 8 Step R across L, Step L to L side.

[25 - 32] ROCK, BEHIND, SIDE, TOUCH, TOUCH SIDE, TOUCH FORWARD, TOUCH SIDE, TOGETHER

1 2 Rock weight onto R, Step L behind R,
3 4 Step R to R side, Touch L beside R,
5 6 Touch L to L side, Touch L forward,
7 8 Touch L to L side, Step L beside R.

[32 Beats] Repeat dance in a counter clockwise rotation.

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