

It's Tricky

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Phrased Intermediate
编舞者: Vicky St. Pierre (CAN) & Rob Glover (USA) - December 2013
音乐: It's Tricky - Run-DMC



Phrasing order: AB - AB - AB BB - AB BB

Intro: 16 counts from 1st beat

A Pattern (32 counts)

[1-8]□□ Step L, Kick-Ball, Rock & Step, ½ Monterey Turn Right, L Scissor Step

- 1 2 & (1) Step L to left diagonal, (2) Kick R forward, (&) Step R next to L
3 & 4 (3) Rock L forward, (&) Recover R, (4) Step L forward
5 6 (5) R Knee Pop towards left, (6) Make ¼ turn right stepping R fwd [3:00]
7 & 8 (7) ¼ left stepping L to side [6:00], (&) Step R next to L, (8) Step L cross over R

[9-16]□□ Small Sweep R, Big Step R, Hold, Touch ¼ Right, Funky Turns To Right

- 1 2 (1) Sweep R in a small circle counter-clock wise next to L, (2) Big step R to side
3 4 (3) Hold, dragging L towards R, (4) Make ¼ right and touch L next to R [9:00]
5 & (5) Step L to left side dragging R toe in, (&) Touch R by L,
6 & (6) Make ¼ right stepping R to side dragging L toe in, (&) Touch L by R,
7 & (7) Make ¼ turn right stepping L to side dragging R toe in, (&) Touch R by L,
8 (8) Step R to right side

[17-24]□□ L Cross, Kick-Ball-Cross, Side, Cross, ½ Monterey Turn Right, Side Toe Switches

- 1 2 (1) Step L cross over R, (2) Kick R to right diagonal,
& 3 & 4 (&) Step R next to L, (3) Step L cross over R, (&) Step R to side, (4) Step L cross R
5 6 (5) Touch R toe to side, (6) Make ½ turn right stepping R next to L [9:00]
7 & (7) Touch L toe to side, (&) Step L next to R,
8 & (8) Touch R toe to side, (&) Step R next to L

[25-32]□□ Big Step L, Hold, Touch R, Step R, ½ Pivot Left, ¼ Left, Touch L

- 1 2 3 (1) Big step L forward, (2-3) Drag R towards L,
4 (4) Touch R next to left
5-6 (5) Step R forward, (6) Make ½ pivot left stepping on L [3:00]
7-8 (7) Make ¼ turn left stepping R to side, (8) Touch L next to R [12:00]

B Pattern (32 counts)

[1-8]□□ Step L, Touch R Behind, Step R, Touch L Behind, Step L, Touch R Fwd/Back, Step R

- 1 2 (1) Step L to left fwd diagonal, (2) Touch R behind L,
3 4 (3) Step R to right side, (4) Touch L behind R
5 6 (5) Step L to left fwd diagonal, (6) Touch R toe across L,
7 8 (7) Touch R toe to back diagonal, (8) Step R across left (to fwd diagonal)

[9-16]□□ L Touch with Hip, R touch with Hip, Cross Rock, ¼ Turn L, Step, ½ Turn L

- 1 2 (1) Touch L to left fwd diagonal pushing hips forward, (2) Step L fwd,
3 4 (3) Touch R to right diagonal pushing hips forward, (4) Step R fwd
5 & 6 (5) Rock L across R, (&) Recover R, (6) Make ¼ turn left stepping L forward [9:00]
7 8 (7) Step R forward, (8) Make ½ turn L on R ball, keeping weight on R [3:00]

[17-24]□□ L Hitch, Touch, L Hitch, Step, R Hitch, Step, L Hitch, L Lock Step, Side, Hold

- 1 & 2 & (1) Hitch L knee, (&) Touch L toe down, (2) Hitch L knee, (&) Step L in place
3 & 4 (3) Hitch R knee behind L, (&) Step R down slightly behind L, (4) Hitch L knee
5 & 6 (5) Step L forward, (&) Lock R behind L, (6) Step L fwd

7 8 (7) Big step R to right fwd diagonal, (8) Drag L toward R

[25-32] □ □ Cross, Back, Point, Unwind ½ L, Spiral Full Turn L, Walk, Walk

1 2 (1) Cross L over R, (2) Step R back,

3 4 (3) Point L behind R, (4) Unwind ½ turn left stepping L forward [9:00]

5 6 (5) Step R forward, (6) Spiral full turn left on R ball, [9:00]

7 8 (7) Walk L forward, (8) Walk R forward

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