

# Y & P (Young and Pretty)

COPPERKNOB  
STEPSHEETS

拍数: 38      墙数: 2      级数: Easy Intermediate  
编舞者: Ines Maaß (DE) - May 2014  
音乐: D.I.Y. - Paul Heaton & Jacqui Abbott



## Intro 16 Counts

### Walk R/L, Shuffle Forward, Rock Forward, Shuffle ½ Turn L

1 - 2      walk forward R/L,  
3 & 4      step RF forward, step LF towards RF, Step RF forward,  
5 - 6      step LF forward, recover on RF,  
7 & 8      ¼ turn left stepping LF to left, step RF next to LF, ¼ turn left stepping LF forward,

### Shuffle ½ Turn L 2 x, Step Forward Heel Split, Kick Ball Cross

1 & 2      ¼ turn left stepping RF to right, step LF next to RF, ¼ turn left stepping RF back,  
3 & 4      ¼ turn left stepping LF to left, step RF next to LF, ¼ turn left stepping LF forward,  
5 & 6      step RF forward, split both heels out, turn both heels to center and shift weight on LF,  
7 & 8      kick RF forward, step right ball next to LF, cross LF over RF, (\*\*)

### R Side Together, Scissor Step, L Side Together, Scissor Step

1 - 2      step RF to right, step LF next to RF,  
3 & 4      step RF to right, step LF next to RF, cross RF over LF,  
5 - 6      step LF to left, step RF next to LF,  
7 & 8      step LF to left, step RF next to LF, cross LF over RF,

### Kick Ball Point, Hip Bumps, Kick Ball Cross, Swivels ½ Turn R

1 & 2      kick RF forward, step right ball next to LF, point LF to left side,  
3 & 4      bump hips L/R/L shifting weight on LF,  
5 & 6      kick RF forward, step right ball next to LF, cross LF over RF,  
7 & 8      swivel both heels left, swivel both heels right, swivel both heels left making ½ turn right,

### Shuffle Forward R/L, Step ½ Turn L

1 & 2      step RF forward, step LF towards RF, step RF forward,  
3 & 4      step LF forward, step RF towards LF, step LF forward, (\*)  
5 - 6      step RF forward, ½ turn left shifting weight on LF.

Start again.

Restarts:-

During wall 5 after 36 Counts. (\*)

During wall 6 after 16 Counts. (\*\*)

Ending: The dance ends during wall 7 after 32 counts on front wall - do the Swivels without turning.

Thanks to Achim LaGrange who discovered the song.

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